

JUNIOR PROFILES

LARA TECKLENBORG

DATE OF BIRTH: FEBRUARY 2, 2000

RIDING SCHOOL: HARSEWINKEL (APPROX. 10 KM FROM BEELEN)



EQUESTRIAN SPORT IS NO LONGER A MALE-DOMINATED SPORT AS YOUNG AND ASPIRING GIRLS ARE EMERGING ON THE SCENE. WE ALSO CATCHES UP WITH ANOTHER YOUNG GIRL RIDER FROM GERMANY WHO TELLS US ABOUT HER PASSION FOR HORSES AND RIDING PROGRAMME.

I started riding in 2003, ever since I was three years old. I train around four times a week, usually after school and I ride around 13 horses, sometimes ponies and sometimes big ones. Each of them has its own nature and reacts differently to my aids. Some of them were really difficult to ride, thus I learnt to assert myself and to never give up. The better I know a horse the more confidence we both have. For example, my pony Nora, which I have had for four years, could sometimes be very 'bull-headed', but this just makes things exciting and never boring! My coach is a 40 year old woman who trains very well and I can implement her instructions quickly. I often do notice further progress! For the future, I would like to professionally compete. My favourite rider is dressage champion Helen Langehanenberg; she is beautiful and I love dressage.



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