



COMPILMENTARY ISSUE

# HORSE TIMES

*A Complimentary Newsletter For Horse Lovers*

ISSUE # 5



**FAHD**

(Ikhnafoon x Nora)

Reserve Supreme

Champion Stallion 1996

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**BADRAWI STABLES**

# Note From the EDITOR

Dear Readers,

The past couple of months have been charged with lots of equestrian events. The showjumping finals for the Juniors and Seniors in Alexandria, The polo team competing in Spain, The inauguration of the Presidential Guard Equestrian Club, The Eleventh annual Egyptian Arabian Horse event in Sakkara and further more, a whole year has passed since Horse Times started.

During that year, we have tried to cover most of the various events if not all, we have created listings for most of the available services and we haven't forgotten about those who have been stars in the past carrying the sport on until today.

Apparently, there is a lot going on and there is still a lot to come. What is significant here, is that every one who loves the horse should be involved one way or another. We should share and help in making things happen. Although it is quite nice to hear and read about things, yet, being a part of them is by far better.

Editor In Chief  
*Khaled Assem*

## CONTENTS

ISSUE # 5

### FEATURES

- |  |   |
|--|---|
| <b>4</b> The official Inauguration of the Presidential Guard Equestrian Club | <b>16</b> A Day With Troy ..                  |
| <b>5</b> The Recollection of A Collected Horseman                            | <b>17</b> Rodrigo Pessoa Wins Volvo World Cup |
| <b>9</b> Doping; Watch Out !!  | <b>21</b> Endurance                           |
| <b>15</b> Rules For Dressage Events  | <b>23</b> Jumping Tips                        |
|  | <b>24</b> Horse Nutrition 2                   |

### REGULARS

- |                          |  |
|--------------------------|--|
| <b>8</b> SnapShots       | <b>16</b> Vet Corner - Equine Listings         |
| <b>10</b> Racing         | <b>20</b> If Horses Could Talk<br>EQUICROSS !! |
| <b>12</b> Teenage Riders | <b>24</b> The Connection                       |
| <b>14</b> EAHBA          | <b>25</b> EVERGREEN ..                         |



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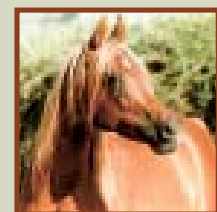
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1995 Junior Champion

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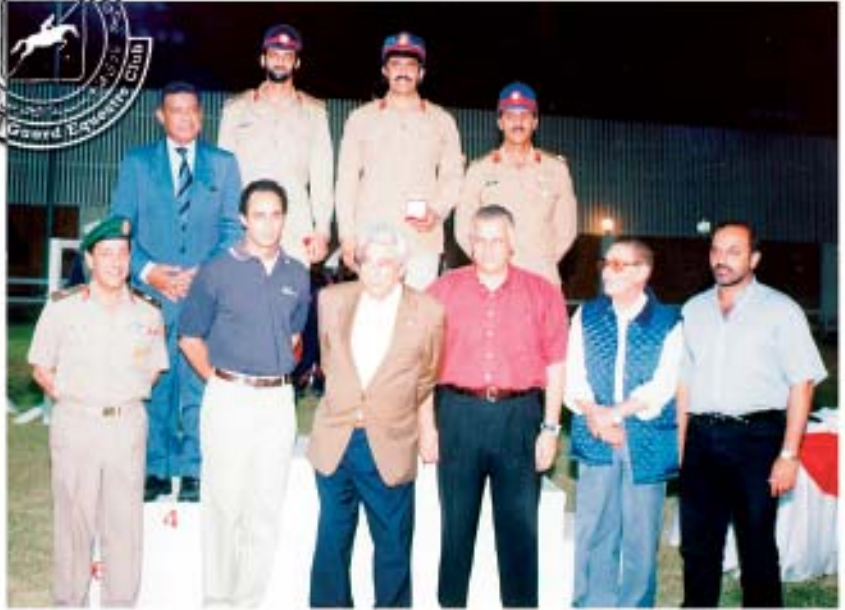
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# THE OFFICIAL INAUGURATION OF THE PRESIDENTIAL GUARD EQUESTRIAN CLUB

BY SIMA FARES



First row, from left: Gen. Mohamed Sabry, Gamal Mobarak, Gen. Saad Khalifa, Eng. A. Ragab, Gen. Elwi Ghazi, Eng. H. Hattab. Second row, from left: Dr. Mahmoud Khallaf, Major Hossam El Haddary, Lieut. Col. Mohamed Moselhi, Major Wael El Mahallawy.

October 1997 was when the idea of creating a Presidential Guard Equestrian Club emerged. This plan soon became a reality and the club was publicized on December 14 1998. However, it was not before March 17<sup>th</sup> 1999 that the Presidential Guard Equestrian Club was officially inaugurated and became a full member of the Egyptian Equestrian Federation.

The inauguration ceremony took place in the presence of Gamal Mubarak, who as a Board member of the Presidential Guard Equestrian Club, gave his full support to help create this club according to the latest technology and highest standards.

Among the list of attendees were Chief of Presidential Guards forces Gen. Dr. Mahmoud Khallaf, who is also Chairman of the Board of the Equestrian Club; General Mohamed Sabry Salah, Director of Aramour dep.; General Saad Khalifa, President of the Egyptian Equestrian Federation, as well as other federation board members and the

The ceremony, supervised by Lieutenant Colonel Mohamed Moselhi, Secretary General of the Presidential Guard Equestrian Club, included a show-jumping demonstration to reveal the capabilities of the Presidential Guard riders, followed by a complete tour of the premises, stables and veterinary equipment available, and ending with a cocktail reception.

The Presidential Guard Equestrian Club is fully equipped to meet the demands of its 85 riders, 25 of whom ride ponies. There are three riding arenas; one grass (95x45m), and two sand (75x45m) & (40x45). All showjumping and dressage equipment is shipped from abroad. The fences and course equipment is made of a special combination of plastic and aluminum, which is extremely durable (so as not to be affected by weather conditions) and comes in a variety of colors. The newly built brick stables house 24 horses, where each horse has a spacious box with rubber floors, to protect their hooves and ensure easier sanitation, as well as automatic drinking bowls. An effective ventilation system guarantees that the air is continuously being renewed and odors diffused inside the stables. There are also randomly placed insect and flycatchers. The Presidential Guard transportation lorry is in a league of its own, regardless of its eye-catching blue color, this Mercedes lorry

is offered at all times, as there is a constant rotation between the 8 veterinarians at the club to guarantee both horse and rider safety. Since the inauguration, the Presidential Guard Equestrian Club has lived up to its standards and proudly hosted its first competition on May 20 1999. 106 riders from 10 different clubs participated in the competition, which turned out to be a complete success, both from the managerial and technical aspects.



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veteran rider Gamal Hares, the youngest Presidential Guard rider, Karim Moselhi.

# The Recollection of A Collected Horseman



By **FATEN EL-ZEILOUD**

**Everything** is triggered by something. This literature was triggered by the appearance of Amr. Amr, an Arabian stallion that belongs to His Royal Majesty the late King Hussein bin Talal of Jordan. Amr walked along in his rider's funeral, and a stallion's normal behavior in a crowd is one of feistiness and hyperness - Amr that day was not.

I sat with Hani Bisharat (Captain of the Jordanian National Show jumping Team) and he shared his reminiscing moments of His Majesty with me. I felt it my duty as a rider, writer, and a true fan of His Majesty to pay tribute the best way I know how.

His Majesty never attended an equestrian school, for that he needed not to, for he inherited the natural seat of a rider from his grandfathers. He was known for his intense love to animals, and therefore, he knew a true appreciation of horses. An asset he was for he sparked the reservation of the Arabian horse.

The first International Show Jumping event that took place in Jordan in 1986 was under the patronage of their Royal Majesties King Hussein and Queen Noor. His Majesty dropped in suddenly, literally, with his helicopter in the center of the arena. He chose not to sit in the VIP stand, instead, he stood in the arena and helped with putting up and setting fences. That did not satisfy his sense of involvement, he began cheering the rider competing! He cheered with such enthusiasm that was naturally disseminated to the riders. The sensation was remembered to be one that words could not describe.

Her Royal Highness Princess Haya Bint El-Hussein, now competing and playing the major role in the team, came for a while to do training at the Arabian Horse Club. Their Royal Majesties King Hussein and Queen Noor were there too! Hani remembers His Majesty sitting back, relaxing, and drinking his coffee for hours. It was as though His Majesty was releasing the immense load off his chest. Next thing you know he would jump up, walk into the arena, and help out with the training. His Majesty's presence was not only a boost of morale - it was irreplaceable. His Majesty gave many riders an incentive to excel. For Lubna Ezz El-Din that incentive was translated into a direct challenge between her and His Majesty in one of the Show Jumping events.

That competition included riders and drivers and their time was to be accumulated to declare the winner. Her Royal Highness Princess Haya was riding the course and His Majesty drove the car. Lubna rode and Nasser Bustami was to drive. The challenge that was on hand made Lubna take a great risk that nearly cost her her life. In the midst of the course she fell off her horse and broke her hips!

She was rushed to the hospital in His Majesty's personal ambulance and there the Royal family stayed with her and made sure she got immediate and adequate medical attention. He even sent her cigarettes; back then Lubna's parents did not know their daughter was a smoker!

Lubna recalls the event with great melancholy, to her and many other Jordanians His Majesty was not only a man who gave the equestrian world a different taste, he was the most approachable man to those who needed him. Our discussion seized and cherished that thought for I saw in Lubna's eyes what I saw in others once the announcement of the passing away of our beloved King Hussein was made.

**AS WE CONTINUE TO FOLLOW IN HIS STEPS, THEIR ROYAL HIGHNESSES PRINCESSES ALYA AND HAYA CARRY HIS BLOOD, COURAGE, AND THE SAME TRUE APPRECIATION OF HORSES. OUR JORDANIAN EQUESTRIAN WORLD HAS LOST A REAL HORSEMAN. BUT THE LEGACY HE LEFT BEHIND SHALL OUTLIVE THE SANDS OF JORDAN'S DESERTS. MAY GOD BLESS HIS SOUL.**



*Watch out for  
the camera  
Everywhere !!!*



# Snapshots

By SIMA FARES & PATRICIA COUPET

"Lieu. Col. Mohamed Osama Hussein's unfortunate fall in Gezira." Federation Show Feb. 1999



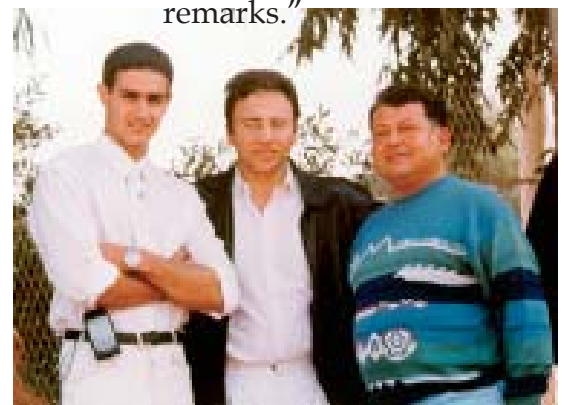
"Same age, Same dreams, Hopefully just as united in the future."



"Olympic rider Gen. Gamal Hares tutoring Major Wael El Mahallawy, we would have liked to know the remarks."



"A chaotic situation regarding a serious issue.. (testing for Doping)."



"Eng. Samir Abdel Fattah, Mostafa Moussa and Hadi Gabr (At the moment in France with Thierry Pomel)."



"Mr. Bashandy and Mr. Zakarya and their tremendous efforts in course buildings"



"WAHEED... Riad Siha."



'Shams Bunch.'



"Adham Samir with a licence to kill."  
"Targeting.....???"



"Juvenile Delinquency at its best."



Karim El Sobky, 1<sup>st</sup> place winner  
B-Class, 2<sup>nd</sup> place winner A-Class.  
"Where is he during the summer?"



Omar Shawki.  
"The pressure of  
the finals."



"HORSE & HOUND" .. Khalifa's Way  
!!"

"Arabian  
Magic."  
EHABA  
Annual  
Eleventh  
Event Feb.  
1999.



# RACING



## **GEZIRA SPORTING CLUB ANNOUNCES THE END OF THE WINTER SEASON**

It has been a very successful racing season at the Gezira Sporting Club (G.S.C). Thanks to all racing fans and supporters.

Gezira Sporting Club had the honor of hosting many National and International races this season as The Sheikh Zayed Bin Sultan Al Nahian Cup in December 1998 and March 1999, as well as The Egyptian Arabian Breeders Association Cup in October 1998.

Since summer has settled in Cairo, once again horse racing will run in Alexandria from June till the end of September.

The G.S.C racing committee has done a lot of improvements on its grounds, so the racing audience will be sitting on a better terrace, enjoying the full view on the track, the new developments : flowers, gardens, green fences ...

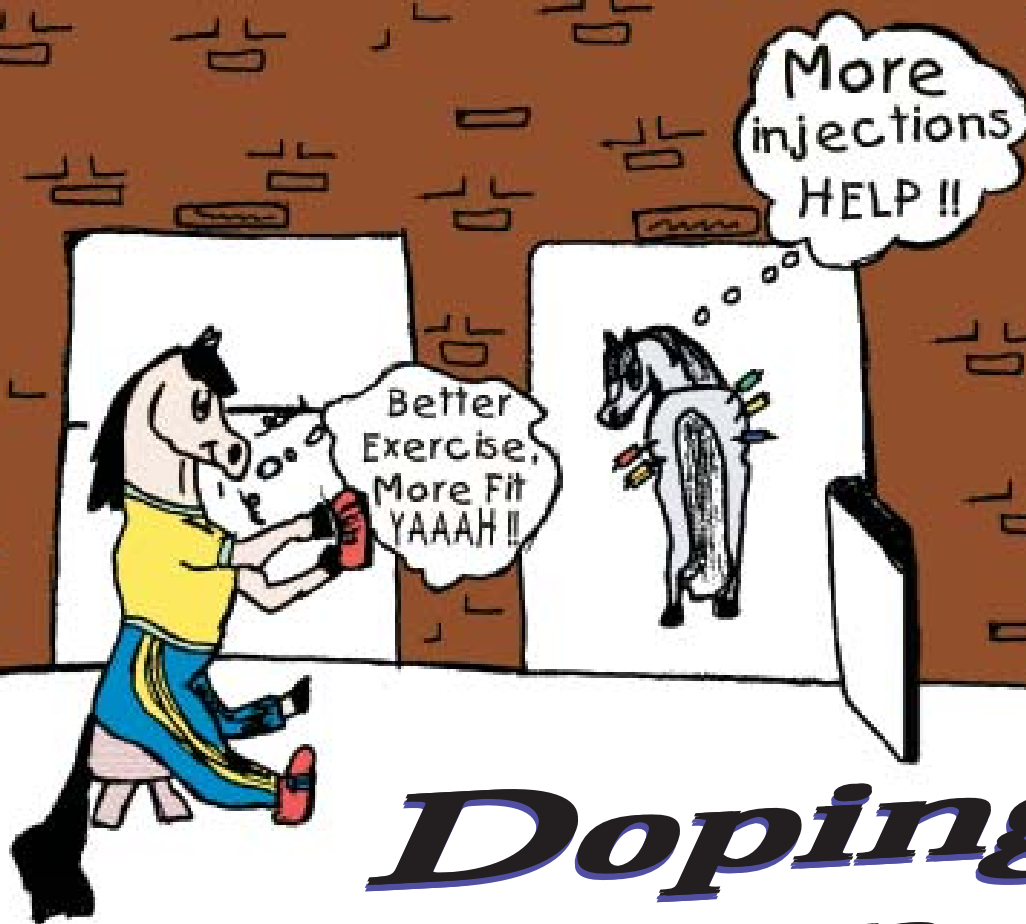
The fences all around the track have been improved for the security of the horses, jockeys and joggers.

The Gezira Racing Committee has won its challenge, the season has been a great success !

Looking forward to seeing you in October.

*Hani Garana*

Chairman of The G.S.C. Racing Committee



By PATRICIA COUPET

# Doping Watch Out



*"The Greek Diomedes was feeding his horses with human flesh to make them unbeatable. Punished by Heracles he ended up being devoured by his own mares!!"*

Since horses have been ridden, much has been tempted to enhance their performances. Doping is a burning topic, so it became a necessity to eradicate a practice which denatures the animal health and sports ethics.

If the use of **amphetamine**, **corticoid**, **anabolic steroids** and other doping substances doesn't leave any doubt about the fraudulent intentions, in equestrian matter it is largely dominated by non intentional cases.

## ***"A treated horse is a doped horse" .....***

By law, any presence of a forbidden substance in the blood or urine of a horse is considered doping. So riders competing have to be vigilant in two ways:

- By choosing the food given to their horses such as food complements, treats which can be pollutant
- By knowing that even an ordinary treatment could place you outlaw.

At the present time an experienced veterinarian cannot positively determine the lasting effect a substance may have on a horse.

**Above all considerations**, a rider should never deny medical treatment needed for his horse for the sake of a trophy. The equation "**care + competition**" is very seldom possible, at the end it is your choice, but knowing that all positive controls are strictly sanctioned, the try indicates for sure a certain irresponsibility.

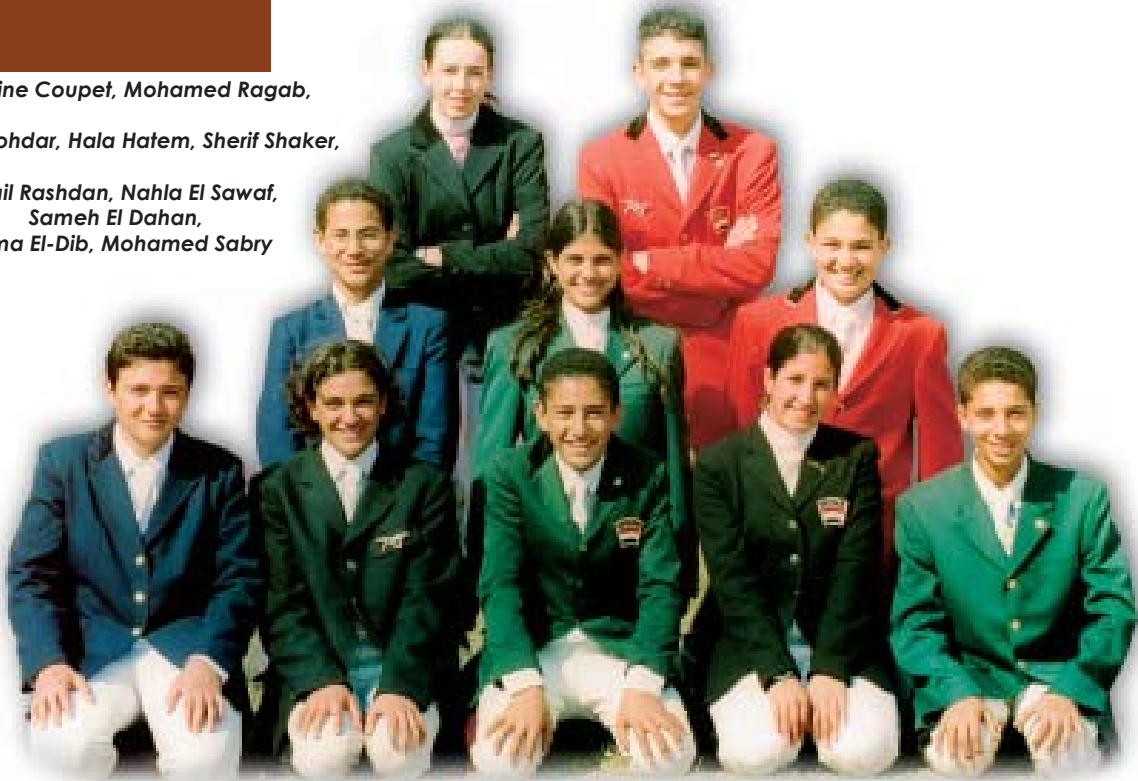
### ***A few prohibited products and practices***

**Amphitamines**  
**Boldon**  
**Phenylbutazon**  
**Cortisone**  
**Isoxuprine**  
**Domoso**

**Lasix**  
**Salysilic Acid**  
**Ventopalamine**  
**Coramine**  
**Androgens**  
**Valium**



Amandine Coupet, Mohamed Ragab,  
 Sherif El Mohdar, Hala Hatem, Sherif Shaker,  
 Ismail Rashdan, Nahla El Sawaf,  
 Sameh El Dahan,  
 Salma El-Dib, Mohamed Sabry



# TEENAGE RIDERS

**MISSION IMPOSSIBLE:** To get 10 teenage riders (with more than Spice Girls on their minds) to build a pyramid, pose and smile. Sima Fares succeeded.

Name: Amandine Coupet

Age: 15 years

Riding Club: Ferosusia

Horse: Blondie, a 9 yr. old local bred mare

Training schedule: Rides 4 days a week

Competes in: Showjumping & Dressage for under 14 years

Role Model: Thierry Pommel & Eric Navet

Horoscope: Pisces

Wants to be: Veterinarian

Favorite food: Indian

Other hobbies: Reading & Painting



Name: Hala Hatem

Age: 16 years

Riding Club: Army

Horse: La Vaillere, a 6 yr. old Dutch gelding

Isic, a 9 yr. old Dutch gelding

Training schedule: Rides 5 days a week

Competes in: Showjumping & Dressage for under 18 years

Role Model: Andre Sakkakini

Horoscope: Aries

Wants to be: Doctor

Favorite food: Chinese

Other hobbies: Reading & Music



Name: Ismail Rashdan

Age: 15 years

Riding Club: Shams Club

Horse: Gratsio, 1 6 yr. old Belgian gelding

Quest de France, an 8 yr. old Belgian mare

Training schedule: Rides 6 days a week

Competes in: Showjumping & Dressage for under 14 years

Role Model: Franke Sloothak & Rodrigo Pessoa

Horoscope: Taurus

Wants to be: Engineer

Favorite food: Spaghetti

Other hobbies: Softball



Name: Mohamed Abdel Fatah Ragab

Age: 15 years old

Riding Club: Sporting

Horse: Renville, a 5.5 yr. old Dutch gelding

Matador, a 9 yr. old Dutch gelding

Cartago, a 6 yr. old German mare

Casanova, 6.5 yr. old Dutch gelding

Cappucino, an 11 yr. old Dutch mare

Training schedule: Rides 3 times a week

Competes in: Under 14 years, under 18 years and Newcomers

Role Model: Thierry Pommel

Horoscope: Capricorn

Wants to be: Businessman

Favorite food: Chinese

Other hobbies: Listening to 2 pac, Ramadan El Berence and movies.



Name: Mohamed Sabry Abdel Maksoud

Age: 15 years

Riding Club: Army

Horse: Top the bell, a 10 yr. old English gelding  
Mabrouk, a 16 yr. old Dutch gelding  
K, a 5 yr. old Dutch gelding  
Kirk del Boy, a 12 yr. old Irish gelding  
Lisa, a 7 yr. old Irish mare  
Oblady, an 8 yr. old Dutch mare

Training schedule: Rides 6 days a week

Competes in: Under 14 years, under 18 years and Newcomers

Role Model: Karim Hamdy, Adham Hammad & Ludger Beerbaum

Horoscope: Aries

Wants to be: Engineer

Favorite food: Spaghetti bolognaise

Other hobbies: Driving cars



Name: Nahla El Sawaf

Age: 15 years

Riding Club: Police

Horse: Barbie girl, an 8 yr. old local bred mare  
Sugar, a 10 yr. old Dutch gelding  
Lady, an 11 yr. old Belgian mare

Training schedule: Rides once a week

Competes in: Showjumping & Dressage for under 18 years and "D" level

Role Model: Hadi Gabr & Ludger Beerbaum

Horoscope: Leo

Wants to be: Veterinarian

Favorite food: French fries with honey

Other hobbies: Roller blading, piano & Basketball



Name: Salma El-Dib

Age: 16 years

Riding Club: Sporting

Horse: Brownies, a 10 yr. old Dutch mare

Training schedule: Rides 6 days a week

Competes in: Showjumping & Dressage for under 18 years

Role Model: Alexandra Lederman & Karim El Zoghby

Horoscope: Capricorn

Wants to be: Horse trainer & Journalist

Favorite food: Peaches



Name: Sameh El Dahan

Age: 14 years

Riding Club: Sporting

Horse: Honey, a 7 yr. old Dutch mare

Oblady, an 8 yr. old Dutch mare

Training schedule: Rides on a daily basis

Competes in: Under 14 & under 18 years

Role Model: Ludger Beerbaum

Horoscope: Aquarius

Wants to be: Doctor

Favorite food: Mexican



Other hobbies: Basketball & Music

THE OTHER SIDE OF THE STORY



↑ Although DOKDOK fell out of the group picture, he was caught getting dressed ←

Name: Sherif El Mohdar

Age: 14 years old

Riding Club: Sporting

Horse: Legend, an 8 yr. old Dutch mare  
Amatist, a 6 yr. old Dutch gelding

Training schedule: Rides 3 days a week

Competes in: Showjumping & Dressage for under 14 years

Role Model: Hadi Gabr

Horoscope: Aries

Wants to be: Veterinarian

Favorite food: Chicken

Other hobbies: Drawing



Name: Sherif Shaker

Age: 14 years

Riding Club: Gezira

Horse: Snoopy, a 12 yr. old local stallion

Training schedule: Rides 6 times a week

Competes in: Showjumping & Dressage for under 14 years

Role Model: Wahid Siha & Ludger Beerbaum

Horoscope: Cancer

Wants to be: Professional Rider

Favorite food: Meat

Other hobbies: Football



# THE EGYPTIAN ARABIAN HORSE BREEDERS ASSOCIATION



The Egyptian Arabian Horse Breeders Association (EAHBA) was founded by a group of zealous breeders in 1986. Since that date to the present time, EAHBA is wasting no effort in promoting and preserving the exquisite Egyptian Arabian Horse in Egypt.



Mr. Fathy Badrawi And Son Mohamed, receiving the 1<sup>st</sup> prize for Sheikh Sultan Cup from Dr. Ali Abdel Rahim Presudent of EAHBA

The Association has organized also eleven annual beauty contests, in which horses would compete for their confirmation, beauty, performance and allure. It is a two-day event that gathers hundreds of horse lovers from Egypt, the U.S.A., Europe and the Arab countries. International judges are invited to judge the horses according to a sophisticated scoring system.

Again His Majesty Sheikh Zayid Bin Sultan Al-Nahiyen, is sponsoring the show by donating 200 000 Egyptian pounds as prize money. The purse money and the honor of winning on that show draws about 120 participants in every show.

The breeders have benefited from these shows significantly. They recognize their strong and weak points in their horses, thus modifying their breeding programs in order to achieve better confirmation and performance. It is a gathering where all breeders, local and international, meet to discuss and evaluate their horses.

The Egyptian Arabian is a rare breed. It constitutes only 3% of the total Arabians horse population in the world. Efforts of the EAHBA and similar sincere organizations around the world are undertaking a major responsibility in promoting and preserving this valuable heritage.

This was the basic purpose of its initiation as stated in its constitution, and remains so at present. The registered members in the Association are 75 breeding farms, and growing by the year.

EAHBA founded races exclusively for the pure-bred Egyptian Arabian horses in Cairo and Alexandria. Racetracks, which previously hosted only races for non-pure lines. The number of races held by the Association are 50 races per year, with an annual purse of 600 000 Egyptian pounds, presented by His Majesty Sheikh Zayid Bin Sultan Al-Nahiyen, the President of the United Arab Emirates. The challenge has motivated the breeders to improve their breeding programs and attaining more competitive performing horses.



Mr. Mohamed Ahmed Al-Mahmoud Emissary of United Arab Emirates in Egypt presenting a trophy to a breeder.



Loai owned by Al AHRAM Stables winning the EAO Cup 23/01/1999

EAHBA Board Of Directors consist of :

Dr. Ali Abdel Rahim	President
Dr. Nasr Sayed Marie	Vice President
Mr. Omar Sakr	Secretary General
Mr. Esam Atia	Treasurer
Mr. Roushdy Abouseda	Board Member
Mr. Osman Nour	Board Member
Mr. Ahmed Hamza	Board Member
Mr. Moustafa Omar	Board Member
Mrs. Hoda Hedaya	Board Member



Left : RAHIB owned by Sheikh Khaled Ahmed Bakr Bagdo finishing Sheikh Zayid Bin Sultan Cup winning the 1<sup>st</sup> prize.

Below : LOAI the 1<sup>st</sup> prize winner for the EAHBA Cup with his owner Mr. Wahid Abdel Hakim owner of Al AHRAM Stables.



### RESULTS

#### PURE EGYPTIAN ARABIANS MAIN RACES SEASON 1998/1999

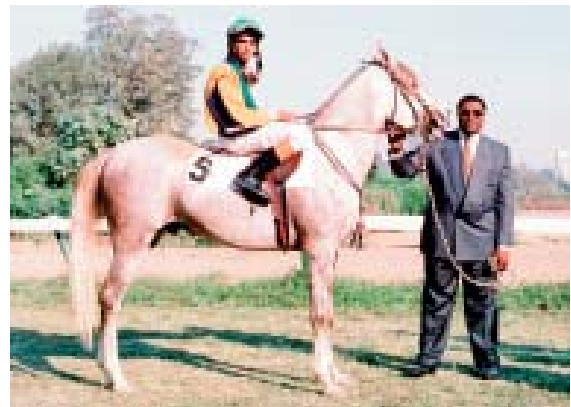
Date	Race	Prize	1st	2nd	3rd	4th
25/10	The Association Cup	12,500	Loai (El Ahram)	Akl (El Ahram)	Meshmesh (Rabab)	Gentleman (Farag)
31/10	Shiekh Sultan Cup	30,000	Fares Al-Thany (Badrawi)	Rahib (El Khalidya)	Al Zaim (Rafik Mohsen)	Azazy (El Ahram)
06/12	Abu Dhabi Cup	20,000	El Helw (El Khalidya)	Abu Emira (Alegreko)	Awam (El Twigry)	Borak Hemdan (Mohamed Hamza)
06/12	Sheikh Zayed Cup	50,000	Rahib (El Khalidya)	Azazy (El Ahram)	Al Zaim (Rafik Mohsen)	Price Sharaby (Rahim)
23/01	EAO Cup	10,000	Loai (El Ahram)	Sief El Nasr (El Khalidya)	Azazy (El Ahram)	Ihab (Kamal Megahed)
28/03	Shiekh Sultan Cup	30,000	Azazy (El Ahram)	Loai (El Ahram)	Manaa (El Khalidya)	Prince Sharaby (Rahim)
15/05	Abu Dhabi Cup	20,000	Dalal (Rafik Mohsen)	El Segel (Bitar)	Morgan (Rahim)	Fayez (Badrawi)
29/05	Shiekh Zayed Cup	50,000	Al Zaim (Rafik Mohsen)	Shehab (El Twigry)	Loai (El Ahram)	Prince Sharaby (Rahim)

#### Schedule For The Racing Summer Season 1999 For Pure Egyptian Arabians

Date	Race	Location	Prize
12/06/1999	Emirates Cup	Smouha	8,000
19/06/1999	Emirates Cup	Sporting	9,000
26/06/1999	Emirates Cup	Smouha	10,000
03/07/1999	Emirates Cup	Sporting	8,000
10/07/1999	Emirates Cup	Smouha	9,000
17/07/1999	Emirates Cup	Sporting	10,000
24/07/1999	Emirates Cup	Smouha	8,000
31/07/1999	Emirates Cup Sheikh Sultan Cup	Sporting	8,000 30,000
07/08/1999	Emirates Cup Abu Dhabi Cup	Smouha Smouha	9,000 20,000
14/08/1999	Emirates Cup	Sporting	9,000
04/09/1999	Emirates Cup Emirates Cup	Smouha Smouha	8,000 10,000
11/09/1999	Emirates Cup	Sporting	9,000
18/09/1999	Emirates Cup	Smouha	8,000
25/09/1999	Emirates Cup	Sporting	9,000



Mr. Wahid Abdel Hakim receiving the 1<sup>st</sup> prize for Sheikh Sultan Al-Nahiyen Cup from Mr. Ali El Shamsy Counselor Emirates Embassy Cairo.



Sheikh Khaled Ahmed Bakr Bagdo with his horse El Helw 1<sup>st</sup> prize winner of Abu Dhabi Cup.



# VETERINARY CORNER

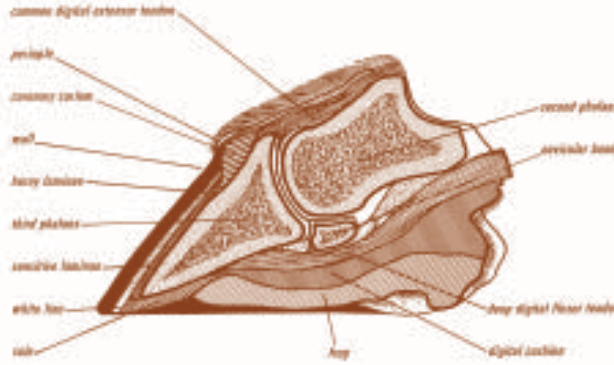
## LAMINITIS

BY DR. ASHRAF EL KALLA  
Ph. D OF EQUINE HYGIENE AND EPIDEMIOLOGY

This disease is generally accepted as being an aseptic inflammation of the sensitive laminae. The laminae are delicate tissues, loaded with small blood vessels, that attach the hard shell of the hoof to the bone underneath.

The inflammation of this sensitive laminae is accompanied by marked exudation. The pressure of this exudation coupled with horse's weight and the pull of the deep digital flexor tendon is accompanied by a rotation of the third phalanx.

In consequence its antero-inferior border presses on the sole which becomes flat or even convex due to the pressure from this rotation.



### Causes:

#### 1-Grain Founder :

This is caused by the horse eating larger quantities of grains. (Barley - corn and wheat steam.)

#### 2-Grass Founder :

This type is common in horses grazing on green pasture. Grass founder can be seen in fat horses during winter.

#### 3-Water Founder :

The overheated horse drinking cold water.

#### 4-Road Founder :

Due to concussions to the feet from hard work. Also seen in horses given a long ride in horse trailer over rough roads or in trailers having no adequate springs.



Due to the pressure of the inflammatory exudate, the horse's weight, and the pull of the deep digital flexor tendon, the pedal bones have rotated and perforated the sole.

#### 5- Postpartum founder :

Due to retention of some foetal membrane or due to infection of the uterus. This type is very serious.

#### 6- Viral Founder :

Some viral respiratorydis

#### 7-Miscellaneous Founders :

- a) Hormonal.    b) Administration of drugs as high amount Laxtine or corticosteroid.
- c) Insufficient exercises predisposing factor to founder.
- d) A Horse that has severely injured limb may place enough weights on another limb or more of the remaining limbs laminitis occur.

----- **Next Issue : Symptoms & Treatment** -----

## THE FABULOUS TWINS



"It's the first time for a mare to give birth to perfect healthy twins in Egypt and the Arabian Horse World", said Dr. Khalil Soliman the General Manager of the E.A.O El Zahraa Stud.

"ROLA" a 19 year old mare gave birth to her perfect male twins on 29-03-1999 from the Great 17 year old Sire "ADL". Those Twins are in very good health conditions, they represent a historical incident and accordingly the E.A.O has no intentions of selling those Twins.

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# Rules For DRESSAGE Events Of FEI

By EMAD EL-DIN ZAHLLOUL

Our late professor general Yossef Ghorab taught us that the art of riding is

*"let your horse do what you want to do with pleasure"*

To obtain this real pleasure join us and read the next few words.

## Code of Conduct

\*\*In all equestrian sports the horse must be considered paramount.

\*\*The well being of the horse shall be above the demands of breeders, trainers, riders, owners, dealers, organizers, sponsors or officials.

\*\*All handling and veterinary treatment must ensure the health and welfare of the horse.

\*\*The highest standards of nutrition, health, sanitation and safety shall be encouraged and maintained at all times.

\*\*Adequate provision must be made for ventilation, feeding, watering and maintaining a healthy environment during transportation.

\*\*Emphasis should be placed on increasing education in training and equestrian practices and on promoting scientific studies in equine health.

\*\*In the interests of the horse, the fitness and competence of the rider shall be regarded as essential.

\*\*All riding and training methods must take account of the horse as a living entity and must exclude any technique considered by FEI to be abusive.

\*\*National federations should establish adequate controls in order that all persons and bodies under their jurisdiction respect the welfare of the horse.

\*\*The national and international rules and regulations in equestrian sports regarding the health and welfare of the horse must be adhered to not only during national and international events, but also in training. Competition rules and regulations should be continually reviewed to ensure such welfare.



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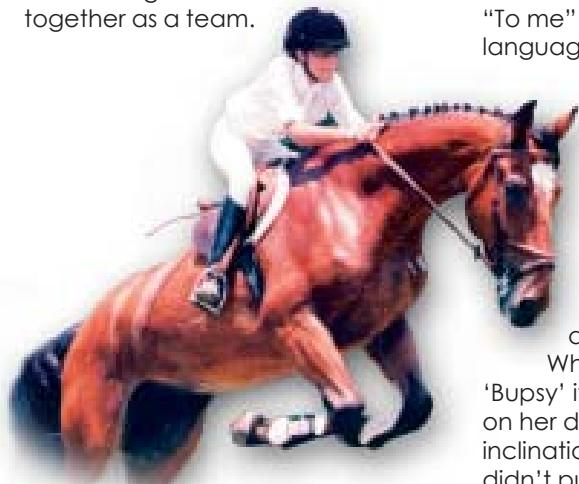
# A Day TROY TROY

BY MONA LIDNAN



Zeina, 13 years old, daughter of a veteran rider and ardent horse lover Nagwa El Dali, describes to us in zeal and compassion how she developed her passion for horses into the natural progress of showjumping.

"Only after I got 'Troy' that I actually started competing" declared Zeina. I never had my own horse before, I used to jump with 'Rabha' and went into different levels together, that was it. But only after forming this special bond between me and Troy that I thought we could work together as a team.



He was really my first horse, my responsibility. It took me two whole months to get close to him and develop the body language required between rider and horse.

First day, I stayed with him in the stable, walking him, petting him, talking to him and him sniffing back at me. He knows my touch and voice. "It's not only work, it is a process of friendship", she admits. You have to be nice to the horse, some riders just don't have the sense, when they don't connect with the horse, they simply don't get the right response from them. "They owe the his hors, a thank you to give them a pleasant ride". If you treat it nicely, he'll always do well for you.

You can have different riders with different techniques. I saw an Austrian rider and a French rider once riding the same horse.

The latter looked better with the horse, better on the fence, seemed to understand him better, they seemed like they clicked, yet with the Austrian rider the horse didn't seem to yield with him.

"To me" Zeina affirms, "the body language between rider and horse is very important to make them work as a team, they have to think alike and connect to do well." "My mother is my trainer" Zeina replies. "And Ibrahim Sami, owner of Sakkara Country Club... He's an nice coach", she adds.

When I asked Zeina's mother 'Bupsy' if she had any influence on her daughter's equestrian inclinations, she answered; "I didn't push her to this hobby. When she was younger, I introduced her to all different kinds of sports; squash, tennis, swimming, ballet and rollerblades. I didn't do anything to affect her decision, this is why I didn't buy her a horse till she was old enough to take the responsibility." Zeina promptly replied "I love it, I enjoy it so much ... having horses around me, is part of me."



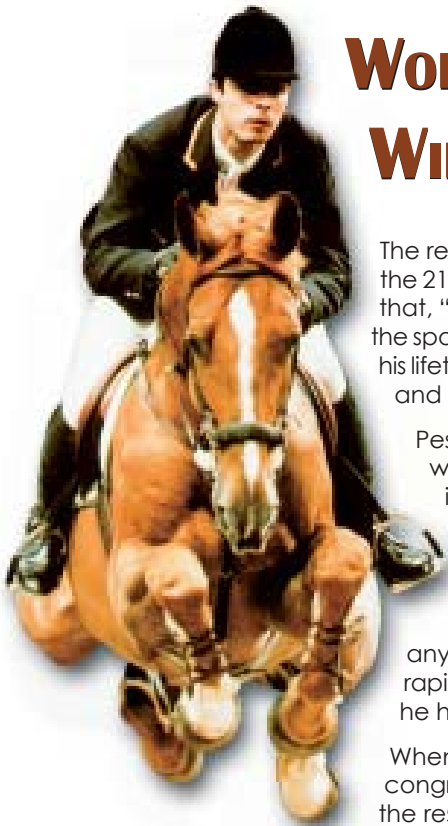
Zeina added; when I was younger, I used to like swimming, squash and tennis. I try to keep up with some of my hobbies when time is available especially 'photography'. I really like taking pictures and developing them."

My daily schedule is as follows, after school, I go home, get dressed, go to Sakkara Country Club, where Troy resides. I first check on the horse, say hello, he calls back to me. When I ride, I start



walking him, gradually trotting, trotting around in circles. I do some lateral work, transitions then canter. If I jump; I do single fences, gymnastics and combination of gymnastics. Or I work with him on the flat for an hour or a little more. After I'm done, I take him back and give him a treat. "When you have a good day, they listen to you and understand you. When you have a bad day, you're stiff, they'll know you're nervous and they'll get back to you."

My role models are Andre Sakakini, Egyptian rider. Rodrigo Pessoa, Brazilian rider and Katie Monahan.



# WORLD CHAMPION RODRIGO PESSOA WINS WORLD CUP FINAL IN GOTEBORG

By SIMA FARES

The reigning World Champion, Rodrigo Pessoa defended his title in Goteborg, Sweden at the 21st World Cup Final in unbelievable style. Second runner up Trevor Coyle later reported that, "Pessoa is so good for the sport. He believes strongly in all of the members who make the sport work together." His current standing as World Champion and World Cup Champion, his lifetime knowledge of the sport and his youthful passion provide him with both the spotlight and the strength.

Pessoa's win in Goteborg was based on points gained throughout the World Cup season, which starts in October and ends in April. German Olaf Petersen designed all the courses in the finals and all rounds were said to be very difficult technically.

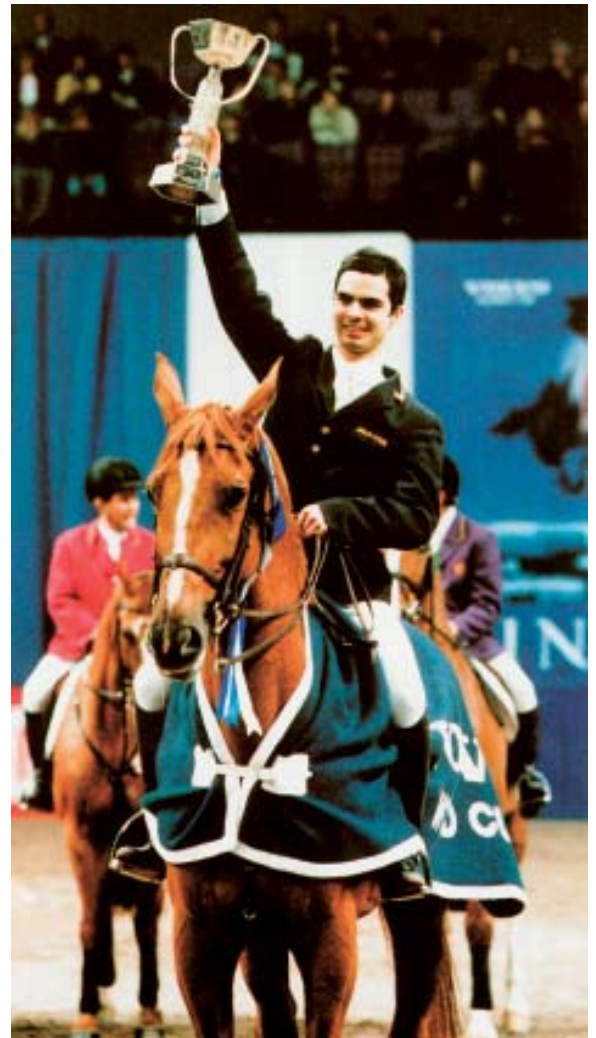
The Scandinavian crowd tensed up tremendously before the finals. Trevor Coyle and Cruising were clear with half a time fault but when Rodrigo entered the arena the crowd roared with excitement and the atmosphere was very tense. The one apparent thing was that Pessoa is comfortable with the stress; he acted as if it were any other day. He was focused and fierce. Succeeding to add a fault free round to his rapidly growing list of victories, Pessoa galloped around the ring, helmet in hand, knowing he had merited another title.

When asked about how he felt about finishing second, Trevor said, "First I would like to congratulate Rodrigo on a wonderful performance - again! It's getting a little boring for the rest of us. He's such a cool guy, we are hoping that with his win last year in the World Championships, all this pressure would build and build and build. We all keep waiting for him

to crack, and he still hasn't cracked. At the moment we are all struggling in his wake. We are just waiting to see if he cracks later on this year. Until then we will just be sitting there waiting!"

Rodrigo Pessoa is at the top of his game. Gandini Baloubet du Rouet will be going back to his father Nelson to ride, and Rodrigo will continue with Gandini Lianos.

After Volvo being the sponsor of the World Cup for 20 years, the turn of a new millenium brings a new sponsor - Budweiser, the world's best-selling beer. Budweiser World Cup 2000 will be held April 19-23, 2000 in Las Vegas, USA.



## FEI WORLD CUP FINAL RESULTS 1999

RANKING	RIDER	COUNTRY	HORSE
1	Rodrigo Pessoa	Brasil	Gandini Baloubet du Rouet
2	Trevor Coyle	Ireland	Cruising
3	Rene Tebbel	Germany	Radiator
4	Beat Mandli	Switzerland	Pozitano
5	Micheal Whitaker	Great Britain	Virtual Village Ashley
6	Ludger Beerbaum	Germany	Ratina Z.P.S.Priamos
7	Lesley McNaught	Switzerland	Dulf
8	Meredith Michaels-Beerbaum	Germany	Sprehe Stella
9	Emile Hendrix	Netherlands	RBG Finesse
10	John Whitaker	Great Britain	Virtual Village Grannusch



# If Horses Could Talk

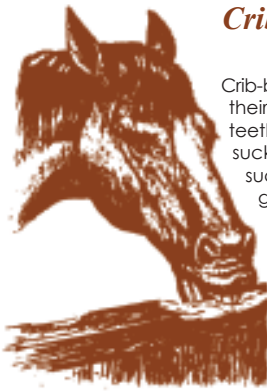
By: **AMANDINE COUPET**

... BE SURE TO check the riding equipment before riding us horses. Make sure the reins are in good conditions, well taken care of and strong enough. Examine the girth before riding and make sure that it is tight enough. Old, cracked & not oiled stirrup leather could get you in trouble during courses. WE HORSES want to enjoy our ride during exercise or shows safely without any accidents.



## Crib-biting and windsucking

By: **Ali Tarraf**



Crib-biters or cribbers, by gripping objects with their teeth and gulping in air, can damage teeth, making it difficult to eat. Wind suckers suck in air without gripping anything; but sucking air into stomach can cause indigestion and colic. Both habits are considered an unsoundness.

**Causes :** Lack of exercise and boredom. Imitation. Irritation of stomach. Lack of bulk food.

**Remedies:** 1-Plenty of exercise  
2-Constant supply of hay, or salt lick to keep horse entertained in stable.

## Did You Know?

The origin of competitive show jumping is in all probability Irish. The earliest competition recorded was held at the Royal Dublin Society's Horse Show in 1865.

### World Records

**High Jump... 2.47 m.**, held by Captain Alberto Larraguibel Morales of Chile, riding Huaso on February 5th 1949.

**Long Jump... over water 8.30 m.**, held by Lieutenant Colonel Lopez del Hierro of Spain, riding Amado Mio on July 1st

# EQUI CROSS



By: **PATRICIA COUPET**

### HORIZONTAL:

- 1-The Leather equipment placed on the horse's back
- 4-The best French saddlery
- 6-Stable Bridle
- 7-Under the saddle for protection
- 8-Leather to control the horse with (the rider's wheels)

### VERTICAL

- 2-Family name for the German Champion WEG 1994
- 5-It takes two to Tango
- 7-The Millionaire Horse
- 9-A fence with two parallel bars.



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# THE ARAB HORSE SOCIETY OF EGYPT ANNOUNCES THE 1<sup>ST</sup> ENDURANCE



Since the 17th of June, 1999, the Arab Horse Society of Egypt is the officially recognized organizing body for Endurance in Egypt by the FEE & FEI. As Egypt is one of the prime countries of Endurance in the Middle East, the AHSE will organize qualifying rides under the Federation Equestre International rules for World Cup and possible future Olympic recognition.

In order to take part in these events, it is necessary to register both horse and rider with the AHSE.

In November 1999 there will be the first Endurance Ride run under FEI rules.

The riders will have to attend a seminar on Endurance riding and training. These rides are open to all horses 7 years and older and riders 12 years and older. The seminar will be held in early October and all horses and riders must be registered by October 1 with the AHSE. Please call Dr. Abdel Wahab Sallam ++2(018) 800125 for further details.

- 1) Horse registration form
- 2) Rider registration form

## **RULES FOR ENDURANCE RIDE** ( not in order )

**1)** Entries must be made on the official entry form by the registered owner and rider of the horse who must sign it and agree to be bound by the rules of the event.

**2)** In making an entry, the connections of the horse, i.e. the owner, trainer, and rider and all persons connected with the horse agree to be subject to the National Rules and Regulations for endurance events in Egypt as laid down by the Arab Horse Society of Egypt which is affiliated to the Egyptian Equestrian Federation.

**3)** All competing riders must be registered with the AHSE.

**4)** All competing riders must be registered with the AHSE.

**5)** At any point during the ride, a member of the veterinary

Commission or an event official may stop any horse, examine it, and eliminate it if they think it is unfit to continue.

**6)** Horses and riders must report to the ride venue — ? hours before the start of the ride for a veterinary inspection and horse identification cheek

**7)** Any case of violation of the rules or the common principles of behaviour, fairness, and accepted standards of sportsmanship and humane care of the horse which occurs will result in elimination of horse and rider.

**8)** Ignorance of the rules does not affect liability for actions in violation of the rules

**9)** No horse under the age of 7 may take part

**10)** Mares may not compete after their fourth month of pregnancy or for nine months after foaling

**11)** The rider must ensure that the horse's feet are properly shod or trimmed ; failure to do so will result in elimination

**12)** Every rider must bring with him an attendant to assist him with care of the horse during the ride.

**13)** The minimum age for riders is 12 years.

**14)** The organizing committee shall

arrange a pre-ride briefing. All riders and officials must attend. The briefing will explain all aspects of the ride and a fact sheet and map of the course will be distributed.

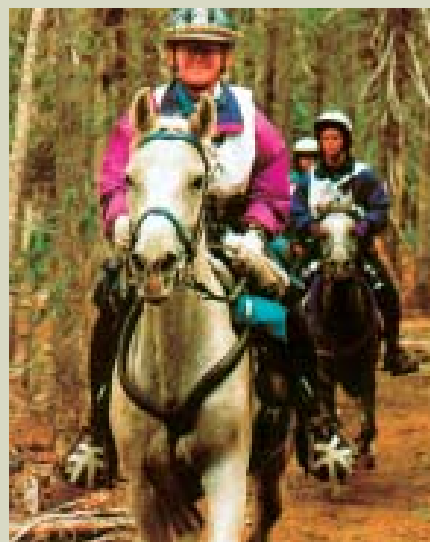
**15)** The use of whips and spurs of any kind is totally forbidden

**16)** All matters un-provided for under these rules will be dealt with by the organizing committee whose decision is final

**17)** The use of drugs or medication which might influence a horse's performance or mask an underlying health problem are strictly forbidden.

17a) Random drug tests will take place

**18)** All horses must be seen by the vets before leaving the venue after the ride. The vets will give permission for the Horse to travel home.



# JUMPING

TIPS BY THE OLYMPIC RIDER  
GEN. GAMAL HARES

In our delicately competitive sport of show jumping, one could adopt various techniques to achieve success, in other words to win. As there always has been a contravorsery between winning with a very stylish technique Vs. winning with a very poor one. We created this page in order to help the riders achieve success more efficiently and elegantly at the same time.

According to Winston Churchill, "Hoping and praying for victory is fine, but deserving victory is what really matters."

For those experienced riders with us today, we thank them for using their pictures and we will be seeing more of them in the future.

## Mohamed Boraie :

The Take off is correct and so consequently the horse looks quite round on top of the fence. Yet, the rider has to lower his hands so that his elbows, wrist and hands and reins form a straight line.

## Gamal Amer :

Although the horse is still in the take off position and hasn't begun landing yet, he needs to be more round. The rider's elbows should be placed more closely to his body in order to allow the horse to extend his head and neck through the bit more downwards.

## Hadi Gabr :

The horse is round, yet the rider's hips are a little bit too high in the saddle. The rider should place his hands more forward to allow a better extension of the horse's neck instead of the goose neck position.

## Sameh Hattab :

The hands of the rider are a little high as they do not form the striaght imaginary line between the horse's mouth, reins and hands. Yet this is indirectly due to the fact that the upper body of the rider should have been a little less inclined as such.

## Karim Zohair :

The rider is standing fully on the stirrups too

BORAIE



GAMAL



HADI



HATTAB



ZOHAIR



# HORSE NUTRITION (2)

By

**EQUI SANUM HORSE FEEDS, MADE IN HOLLAND.**

E-MAIL ADDRESS FOR INFORMATION: [EQUCARE@IEC.EGNET.NET](mailto:EQUCARE@IEC.EGNET.NET) **EQUICARE CO., CAIRO, EGYPT - TEL: 02 3406939.**

In our first article dedicated to the nutrition of horses we discussed the biological origin of the horse and the feed ration that should be related to that origin. Subsequently we have tried to explain the build and the digestive system of the horse.

In this second article on the nutrition of horses we will treat the last remainders of the feed the droppings. As soon as the horse has swallowed the pulpy mass, the feed follows a one-way road. After it has been swallowed, it gets to the stomach in a few seconds via the gullet (oesophagus). Then there is no way back. It is not possible for a horse to throw up. The content of the stomach amounts to 10 to 15 litres. This is minimal in comparison to the size of the horse.

As we stated earlier digestion takes place in the small and the large intestine. Since the small content of his stomach it is obvious that a horse feels best when it is supplied with smaller quantities of feed several times during the day. Large intakes at the same time are disastrous for the horse.

Inside the stomach the feed is mixed with gastric juice which earlier has been mixed with saliva, thus turning it into a wet feed ball. In the stomach starch is transformed into sugars. The activity of the stomach mainly depends on the quality and type of feed, its being clean and free from noxious elements.

**So be well aware that contaminated feed, too large quantities of feed or feed the horse is not used to eat may cause gastric complaints like fermentation, rotting gases, colic or a torn stomach wall.**

**EQUI SANUM HORSE FEEDS are always composed of pure, mould free ingredients.**

## The digestive process

After leaving the stomach the feed mixture gets to the small intestine with a length of abt. 20 metres. Here the amino acids and proteins in the feed are taken from the digestible proteins. These are the building

materials of the proteins. Mostly in feed analyses, only raw protein is mentioned. However, it is very important that the level of digestible raw protein is also reported. The smaller the difference between raw protein and digestible protein, the better the quality of the protein and thus also of the feed.

The degraded starch (carbohydrates) to sugars is made absorbable by the intestinal juices and absorbed into the blood stream by way of the intestinal wall. To a certain extent hardly digestible elements like cellulose are necessary to benefit a proper grinding. However, they don't contain nutrients. After passing the small intestine, the feed mixture passes by the caecum with a content of abt. 30 litres, a content not to be compared with the human caecum. Bacteria and micro organisms - the so-called intestinal flora - act from the caecum and the large intestine, to make the nutrients available to the horse.

The large intestine is the last of the digestive organs. Here the remaining liquid is taken from the feed mixture. Therefore it is important that the soaked feed mass doesn't pass too quickly through the large intestine. In that case too much liquid will be taken from the feed resulting into diarrhoea. Naturally the pancreas and the liver also play an important role in the digestive process. Both organs produce many digestive juices. However, we do not wish our article to become too technical. We may revert to this matter some other time. Well formed droppings with a moisture content level between 75 and 80% are a sign of a regular digestion and good health. *(to be continued)*



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# THE CONNECTION

By AMINA KHALIFA

“ Sports all over the world cannot flourish without sponsorship. Though in some cases sponsorship does not necessarily mean funds.

This season show jumping events gained more popularity and media coverage with the presence of Gamal Mubarak as an honorary sponsor.

As a matter of fact he was admired for not being just a “VIP” attending shows.

Gamal Mubarak proved to be a real humble sportsman, a horse rider and a horse lover interested in show jumping events.”



The season is now over, some people are satisfied, others are not!! The season has witnessed a lot of conflicts, yet this is not necessarily bad, if things go always monotonously it means that there is no action and no change.. and that is the key word “CHANGE”. Calculated change leads to progress and this is what we all wish for.

**Q. Can you say that the FEE has done calculated changes during this season?**

**Gen. Saad Khalifa :**“There has been a lot of changes this season as a matter of fact I am satisfied with these changes although some of them were a bit confusing like Doping & Dressage. But you all should know that we will never be really “International” without considering these two important subjects. The dressage that the FEE is implementing is until now nothing but proper flat work and that is essential for riders and horses and is actually a defect in most of our riders.

About doping I agree that we should educate the riders first so they know what to use and when to treat their horses, knowing that someone who paid a considerable amount to buy a horse would want that horse to have a long healthy career and would refrain from abusing that horse and causing him a problem in the long term.”

**Q.About the summer camp what was the criteria for selection and why some winners were not chosen to travel?**

**Eng. Abdel Fatah Ragab:** “The FEE always has to be fair to everybody so we decided to choose the winners of the season according to the overall results. So we selected all winners from the Juniors to give them good exposure abroad and we selected the winners of the A class together with our two very good riders that live in Europe Andre Sakakini & Karim Zoghbi to prepare them for the Arab games in Amman.

About the riders who didn't travel with the federation. Unfortunately two of the selected ones could not join in because they had other personal engagements. The others were not actually selected although they were from the winners of the season. But a decision was taken unanimously in the board meeting before the finals that all the riders who refused to participate in the preliminary camp held in Cairo will lose their right in joining the summer camp in Europe.”

The Connection has encouraged people to help, Gen. Samy Negm El Din, Eng. Mahmoud Eissa and Dr. Mohamed El Sherbini offered to join in and give a piece of information in each issue. This is now a message from Gen Samy Negm El Din.”

“One of the most common raised debates occurs after eliminating a rider from competition for committing one of the most silly mistakes such as starting to jump without saluting the Judges, and having their permission to start.

The rider, who cared enough to participate, and paid registration fees, transportation expenses and may be more like accommodation expenses, suddenly finds himself being eliminated from competition for a very basic mistake he did, such as starting to jump without waiting for the Judge's signal (*the bell*), and subsequently all the mentioned above efforts are wasted for nothing.

Of course if you put yourself in his shoe; you can't help feeling angry, frustrated and even disagreeing with the Judges decisions.

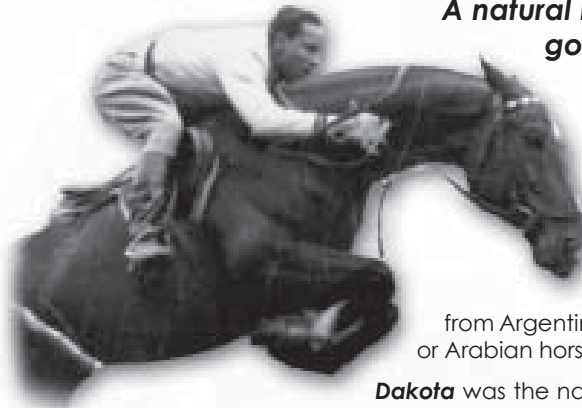
But on the other hand, you should also try the other shoe of the Judge, who (*out of being equally fair to every body*) is totally responsible of implementing the FEI rules which dominate the conduct of competition and competitors, those rules enforce the elimination decision in such a case.

The optimum solution in my opinion is that our clubs (*out of being responsible of educating their riders*) should start to organize, with the help of the Federation some sessions, to explain to the riders how to avoid putting themselves and accordingly their clubs in such bad situations.

At the same time Riders in the process of increasing their general knowledge of the rules which organize the sport they love the most, should try to acquire more information, by reading more, or even by asking their Judges, about what ever might be confusing to them.”

# Evergreen

**A natural born storyteller, Omar El Haddary joyfully reminisces the good old times, as Sima Fares discovers the inside story.**



Omar El Haddary graduated from the Military Academy in 1944 to join the Horse Regiment in the Royal Egyptian Cavalry. The prominent riders at that time were Ahmed Mazhar and Taha El Zenini who taught him the principles of riding and introduced him to show jumping. El Haddary was already a well-trained rider, following his father's footsteps, who was an artillery officer and a keen polo rider.

Because of the restrictions after World War II, imports of foreign horses into Egypt were prohibited; the last shipment before the war being horses from Argentina. So El Haddary and the other riders had to break and train mixed breed or Arabian horses to ride.

**Dakota** was the name of the mixed breed gelding, which El Haddary took upon himself to train and school. His hard work and dedication certainly paid off, because he rode Dakota all the way to his national & international fame and fortune. During the "High Jump Championship for Arab & Other Horses," held at the Mena House in 1948, (then) Lieutenant El Haddary, set a new worldwide record winning the championship with Dakota. The record fence was put up at a height of 160cm and by the time the fence reached 180cm, there was only one rider left - El Haddary, the winner.

As of 1948, shipment of horses from UK and France resumed once again, and the Frenchman, Colonel Pierre La Farg, was brought to train the national team. La Farg's training methods and techniques improved the Egyptian riders' overall performance, which allowed them to travel to France in 1949 for international exposure. The competitions in France unfolded fruitful results and revealed the Egyptians capacities worldwide.

The city of Nimes, was on the French-Spanish border, so the competition was held in a bull fighting arena making it quite hard for the big horses to canter, turn and jump. But then came El Haddary riding the slender Arabian horse, Sayed El Wadi, winning "La Grand Prix de la ville de Nimes" with fences put up as high as 140-150 cm.

The Grand Prix in Vichy was Concours Hippique Internationale, a one round course with fences at 140-150 cm. El Haddary had secured first place with his Arabian horse, until the last rider chevalier D'Orjex beat him by 1/5 of a second on a foreign horse.

The arrival of a new German trainer and former gold medal winner in the 1936 Olympics, Hans Brinkemann, was the gateway to introduce the German horse to the Egyptian riders. He trained for two years, and coached the team during the Stockholm Olympics in 1956.

El Haddary personally benefited most from the Italian trainer, General Gerardo Conforti, who was an Olympic veteran and Ex-president of the Tour di Quinto school, the biggest Equestrian school worldwide. Using Brinkemann's German horses, Conforti began planning for participating in the Rome Olympics in 1960 a year earlier and devised an intense training schedule solely for that purpose. El Haddary was made Chef D'Equipe and the Egyptians victoriously finished 4th in the 1964 Olympics.

Of his most precious memories, El Haddary recalls his triumph with the 8 year old Irish gelding Sea Ferrer. It was in 1954, in Nice by the seaside. The competition was called "Puissance Progressive" and started off with 55 riders jumping 6 alike fences. After

every round 2 fences are removed, and the remaining number of fences are put up even higher. 33 riders made clear rounds to jump the 4 fences, and a remaining 5 were to jump the last 2 fences put up at 180cm and 205cm. El Haddary, being one of those unique 5 riders, considered it sufficient enough to finish at 5th place and not enter the final round, however Lieutenant Colonel Ahmed Mazhar encouraged him to participate with a winning attitude. Surely enough, El Haddary finished 2nd place dropping a rail of the 180cm fence and faultlessly flying over the 205cm fence, being the highest fence he ever jumped in his life.

After participating in 9 Nations Cup worldwide, El Haddary left the Army in 1967, when all equestrian activities came to a halt because of the war. When it resumed once more in the 70's, El Haddary became the trainer for Sporting Club from 1976 to 1978, and then the Army from 1978 - 1985. Still a dedicated horse lover, El Haddary trains the riders in the Gezira Club regularly.

