



60-SECONDS WITH REBECCA GREGGIO

By Farah Rezeika

FIRSTLY, CONGRATULATIONS ON YOUR INCREDIBLE ACHIEVEMENT IN WINNING THE FEI VAULTING WORLD CUP FINAL 2024 IN BASEL! HOW DOES IT FEEL TO COME OUT ON TOP AGAINST SUCH TOUGH COMPETITION AND BE CROWNED THE CHAMPION?

It was amazing...we're still not able to realize what we've done.

WHEN DID YOU START VAULTING?

I started vaulting at the age of 10.

HOW MANY YEARS HAVE YOU BEEN COMPETING PROFESSIONALLY?

Since 2016...I started with the individual and then in 2021 me and Davide started working together also in the Pas-De-Deux category.

HOW MANY CHAMPIONSHIPS HAVE YOU WON SO FAR?

At the moment this is our first title!

WHAT'S THE NAME OF YOUR CHAMPION HORSE?

His name is Orlando Tancredi, he's a beautiful huge grey gelding.

WHAT DO YOU LOVE MOST ABOUT COMPETING?

I really love the tension and the emotions I feel during competitions.

WHAT'S YOUR BIGGEST COMPETITION GOAL?

My biggest competition goal is to really enjoy myself doing the thing I love the most; vaulting with my horse and my friends.



WHO HAS BEEN YOUR BIGGEST INFLUENCE THROUGHOUT YOUR CAREER SO FAR?

If I have to mention someone who inspired me I think I would say different vaulters in different moments of their careers.

IF NOT AN EQUESTRIAN, WHAT CAREER WOULD YOU CHOOSE?

I like playing tennis and volleyball, so maybe I'd choose one of those...I think tennis!

WHAT DO YOU DO FOR FUN OFF THE COMPETITION CIRCUIT?

I like to spend quality time with my friends. I'm always busy with trainings and my university exams that I can have only few moments of free time.

WHAT IS THE LAST PLACE YOU TRAVELED FOR COMPETITION?

I went to Basel, in Switzerland, last month for the FEI World Cup Finals.

WHAT IS YOUR FAVORITE EQUESTRIAN MEMORY?

My favorite equestrian memory was sharing the World Cup title with my horse, my partner Davide, my family and all my team members!

ARE YOU A MORNING PERSON OR NIGHT OWL?

Definitely not a morning person. I prefer staying up late at night.

BESIDE HORSES, WHAT'S YOUR FAVORITE ANIMAL?

I love dogs. I think in a certain way they're similar to horses.

DO YOU HAVE ANY FAMILY MEMBERS WHO ARE INVOLVED IN VAULTING?

Definitely not. My parents are scared of horses!

WHAT'S NEXT FOR YOU IN 2024?

I'm now focusing on preparing the new programs for this year's FEI World Championships while studying to graduate in economics and law at the university as soon as possible.

BEFORE WE CONCLUDE, WHAT ADVICE WOULD YOU GIVE TO YOUNG RIDERS?

Believe in yourself and never stop dreaming. The key of success is inside you and you must believe in it and work, even during hard times, when everything seems lost, keep fighting for your dreams because it's worth it! 🐾

