

HORSE TIMES

EGYPT'S OFFICIAL EQUESTRIAN MAGAZINE

Free Copy

Issue#12, August 2003

Andre Sakkakini

Qualifies for the Olympics

Arno Neesen

A Dutch trainer in Cairo

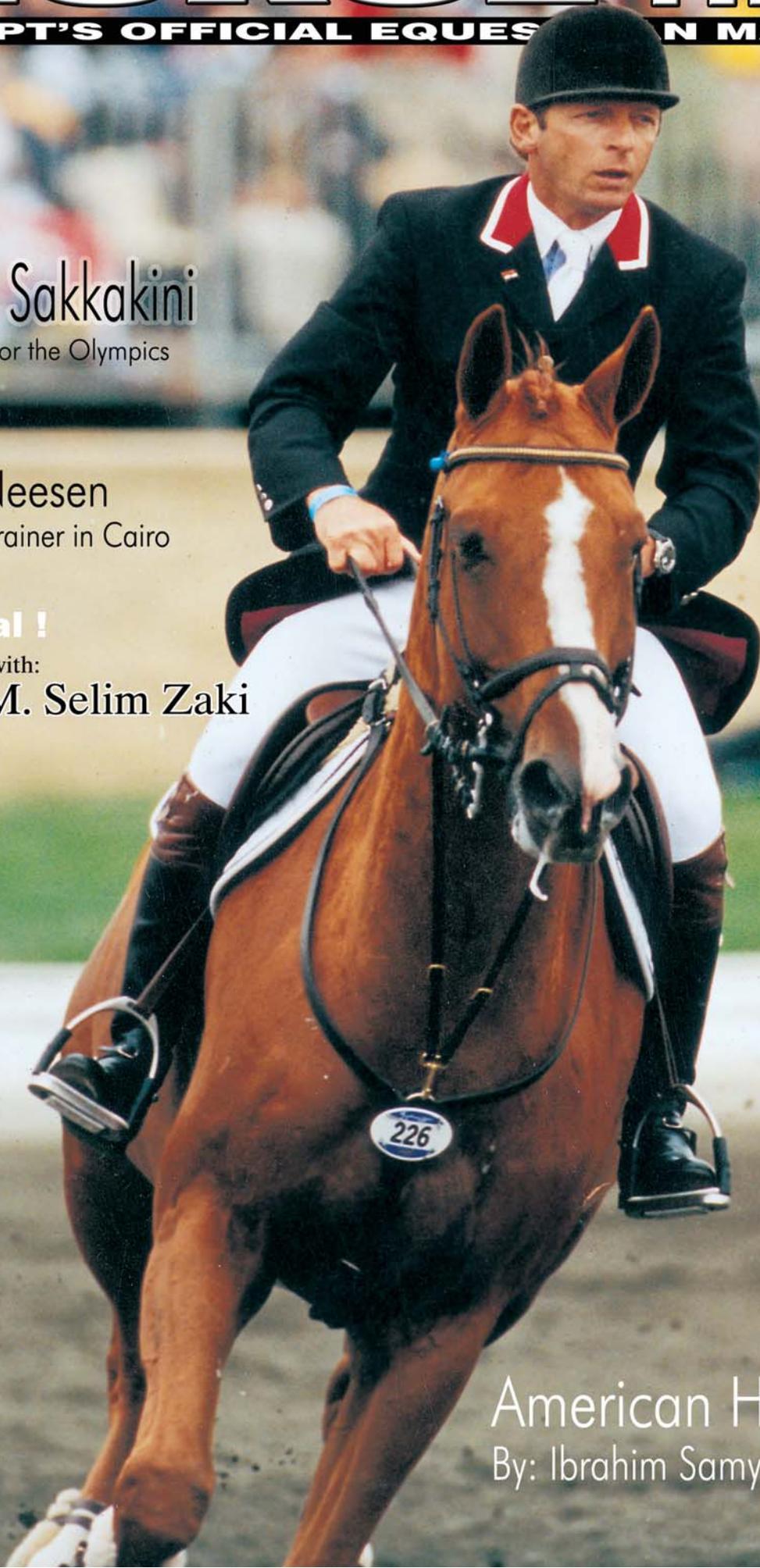
Special !

Interview with:

Gen. M. Selim Zaki

American Hunter Class

By: Ibrahim Samy



View point



Dear readers,

By now, I'm sure that everybody who reads HORSE Times expects a certain level of information, data on events or views and values regarding the sport. I have to tell you; I am personally very impressed and influenced by our new serenity page; all those quotations that present positive modes and values in life is just so uplifting.

Moreover, our regular feature on sport funding is also a hot trajectory today, as we are, what we plan for or plan to be. We shortly present to you ideas negotiated with businessmen with vision and experience. Honorable men who would like to see a positive difference.

Remember this, it is not just how much you share in with, it is what you share in with; your experience, an idea, a principle or even a word. It all counts. We all have to share to make a difference.

Sincerely,

Khaled Assem

Editor in Chief

C o n t e n t s

HORSE Times

Issue #12, August 2003

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A Photo Gallery of summer events in Hilton King's Ranch (Hilton Green Plaza)

Hi,
I am really proud of your great effort for this magazine.
But I have a comment ...
I recognized that Advertisements is taking much more space in your magazine than before, as for me I prefer to hear more about events and news concerning this amazing wonderful sport. Especially that sometimes I am very busy that make me far from the jumping field that make me curious to know more and more..
Thanks for your attention, I appreciate it a lot..
Hany El Naggar.



Dear Hany,
Thank You for your interest in our magazine we always wish to satisfy our readers and that was the main reason why we included this page. Unfortunately, concerning the increased advertising space, I am sorry to tell you that these ads. are very crucial parts of the magazine. As you for sure know, our magazine is a complementary magazine and we depend solely on ads to cover our increasing costs, and we thank our sponsors for helping us do so. However, we promise you to cover more events and news in our up coming issues.

Sincerely,
Khaled Assem

To Horse Times stuff,
I would like to congratulate you for the great magazine you are publishing, it's a job well done! Being an old Horse lover, I find your magazine very informative and interesting. I specifically liked the Article "Taher Pasha" in Glimpse of the past department- May issue. Furthermore, the articles in your Serenity department are all very interesting and the fact that you include these kinds of articles in your magazine is a very good idea.

However, I do believe that you need to increase the magazine's coverage of Horse Back Riding events in Egypt. I am not very updated concerning the competition seasons, but I guess that was maybe because the magazine came up at the end of the season?!

Wishing you the best of luck.
A. Ayouty

Dear A. Ayouty,
Thank you for your encouraging e-mail, its a real spirit-lift to know that our readers appreciate our work and effort, and we hope that we are always up to your expectations.

You were right about the timing of the May issue, it came up at the end of the season, in fact this issue too is having the same problem. However, starting our next issue coming up in November, there will be more events and competitions covered. Although we are restricted by the magazine's number of pages we will try as hard as we can to include most of the events.

Sincerely,
Khaled Assem

Dear Horse times staff
Alsalamo Alikom
Thank you for all the information presented in your magazine which gave me great help in intrushing my information about horses. i hope for you all the best .
P.S. i'm a new reader in the horses filled.
Sumaya Ameen

Dear Sumaya,
Its a pleasure to know that our magazine attracted readers like you. Thank you for your nice email, and please don't hesitate to always write to us.

Sincerely,
Khaled Assem

LET US HEAR FROM YOU!

We are very interested in knowing your opinion of the articles published by *Horse Times*; we appreciate knowing what our readers find worthwhile and interesting. On our part, we are ready to publish all of your comments (even feelings provoked by our materials and our correspondents, ranging from strong disagreement to warm approval) just the way they are. We are against censorship, and we welcome criticism, including criticism leveled at us. At the same time, we would appreciate it if your criticism would be constructive: aiming at helping us to be better. And please don't hesitate to contribute your news and views. You can send your comments to our 'Reader's voice' department through:

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Andre Sakkakini

Qualifies for the

Olympics



Andre Sakkakini is ready once more to represent Egypt as its "Cavalier Ambassador" in the 2004 Olympic Games. Back in the year 2000 Sakkakini was the only Egyptian rider competing in Sydney with his German gelding "Careful". At that time Sakkakini was quoted saying "I Have chosen this road, this life, this profession. Although things could have been better, I will still keep my only job and passion going".

Sakkakini has been, and still is, putting a lot of effort to fulfill his dreams. Last July he won 4th place with 'Careful' in Neuendorf Grand Prix, and two weeks later the same couple won 5th place in Hachenburg.

However, it seems that 'Careful' is not his Pegasus to the 2004 Olympics! In mid June Olympic selection trials were held in Aachen; 38 riders fought for the starting places of the Athens Olympics. Sakkakini with 'Casper', owned by the Egyptian Equestrian Federation, were the first of the five couples who jumped two clear rounds and they earned their tickets to Athens. Once again Sakkakini carries the Egyptian flag over the Olympics Arena. GOODLUCK ■

“Once Again
Sakkakini
carries the
Egyptian flag
over the
Olympics Arena.
GOODLUCK”



World Cup Finals in Las Vegas

Las Vegas, 2003

Marcus Ehning of Germany won the 25th annual FEI Show Jumping World Cup Final when the world's best show jumping horses and riders met to do battle at Budweiser World Cup 2003, April 16-20 at the Thomas & Mack Center in Las Vegas, Nevada. The international event featured 41 riders from around the world who competed for the prestigious title of World Cup Champion. Spectacular presentation of the sport with laser light shows, Las Vegas show acts, and the world-famous Budweiser Clydesdales made the World Cup a hit with everyone.

Ehning put in a faultless performance in the final round of Budweiser World Cup competition on Sunday, April 20, riding his Oldenburg mare Anka to victory. Three-time World Cup Champion Rodrigo Pessoa of Brazil had to settle for the runner-up position this time aboard Baloubet du Rouet, owned by Diago Pereira Coutinho. Third went to Malin Baryard of Sweden riding Christina Larsson's H&M Butterfly Flip. The Top U.S. rider was Laura Kraut, who tied for fifth aboard Anthem, owned by the summit Syndicate.

Ehning received a wonderful birthday present a day late, as he had celebrated his 29th birthday on Saturday. "I can't believe it" he said. "I never thought I would win. If you think too much about it, it can hurt you; you need to go day by day." There was much to think about going into the last rounds of competition on the final day. Competition was fierce, and the top three were less than a rail apart in the placings. Going into Sunday's first round, Ehning and Pessoa were tied for second place with two faults, and Baryard was in the lead with a perfect score of zero. Ehning, a Sydney Olympic team Gold Medalist, went clear, Pessoa had a rail down to give him a total of six faults, and Baryard dropped a rail for four faults total.



Pessoa on 'Baloubet du Rouet'.

The second and final round saw Pessoa go clear, putting pressure on the remaining entries. The atmosphere was thick as Baryard entered the ring. If the young Swede had even one rail down, there would be no chance to win, as that would give her a total of eight faults to Pessoa's six. Unfortunately, she had a rail down and dropped to third place.

Ehning was the last to go and had no room for error. One rail would tie him with Pessoa and force a Jump-off. Two rails would give Pessoa the title. Ehning and Anka rose to the occasion leaving all the rails up and claiming the title of World Cup Champion. He threw down the reins and raised his arms in the air as the crowd rose to their feet cheering for the pair. It was a spectacular finish for the most prestigious show Jumping competition in the world this year.

Ehning's win made it two in a row for Germany, following Otto Becker's win at Leipzig last year. Germany now has three wins overall with Ludger Beerbaum having at Gothenburg in 1993. The U.S. leads all nations with seven World Cup titles ■



Ehning on 'Anka'.



The Opening Ceremony.

Results

Placing	Rider	Horse	Country	Placing	Rider	Horse	Country
1	Marcus Ehning	Anka 191	GER	6	Markus Fuchs	Tinka's Boy	SUI
2	Rodrigo Pessoa	Baloubet du Rouet	BRA	7	Ludo Philippaerts	Parco	BEL
3	Malin Bayard	H&M Butterfly Flip	SWE	8	Ludger Beerbaum	Gold Fever	GER
4	Lars Neiberg	Fighting Alpha 3	GER	9	Meredith Michaels	Shutter Fly	GER
5	Laura Kraut	Anthem	USA	10	Gerco Schroder	Euro commerce Geneve	NED

2003 World Cup Finals Show Jumping

Equestrian Festival, CHIO Aachen 2003

Aachen, 2003



Ludger Beerbaum on 'Gold Fever 3'.

The tension was incredible: For the second time, a jumping competition at the World Equestrian Festival, CHIO Aachen was decided only in the final second.

After local hero Helena Weinberg had given away her victory in the "Prize of North Rhine Westphalia" because of a fault at the last obstacle, also the Belgian equip had to accept to be only the second-best team in the Mercedes-Benz-Prize - "Nations' Cup", because of a fault at the last obstacle and a time fault. With altogether eleven penalty points, the Irish team with Robert Splaine/CoolCorron Cool Diamond, Peter Charles/Pershing, Billy Twomey/Luidam and Kevin Babington/Carling King succeeded in front of Belgium (13) and the USA and Germany, who had 16 penalty points each. In the German team under the direction of National Coach Kurt Gravemeier were Marcus Ehning/For Pleasure (0/4); Christian Ahlmann/Coester (8/0), Dobel's Cento (4/4), Ludger Beerbaum/Gladdys S (4/4).

"We have never assumed this, because the Germans are so potent", the Irish Team Coach Tommy Wade comments happily his riders' success, which was only decided at the last obstacle and the very last rider. The Belgians with Dirk Demeersman/Clinton (0/8), Stany van Paesschen/O de Pomme (0/13), Jos Lansink/AK Caridor Z (0/0) and Ludo Philippaerts/Parco (gave up/5) had presented three faultless courses in the first round -

Philippaerts had resigned, because his result was not needed any more after the three faultless riders - , but then they had dropped behind. In contrast to that, the Irish, who had got five penalty points in the first round, could make up ground in the second, even though their last rider Kevin Babington got five penalty points and had with that almost given away the victory. Philippaerts had the Belgians' victory in his hand in the second round, but a fault at the final obstacle, the out jump of the three-fold combination, prevented a repetition of the nation's great success of 2001. "It's a pity, we have lately given away a better placement in the last moment so often", regrets Belgium's chef d'équipe Lucien Somers.

In the "Prize of Tuchfabrik Becker Aachen", the winner Rene Tebbel (Emsbüren) with Farina was almost three seconds faster than second-placed Markus Beerbaum on Constantin. After Beerbaum there followed two "youngsters", Steve Guerdat on Isovlas Lataro and Johannes Ehning (Borken) on Gelha's Junior were placed third and fourth in the jumping competition, which was decided on time and penalties and which took place previous to the Nations' Cup.

And once again Nadine Capellmann and Bouton: after the Prix St. Georges on Wednesday, the two-fold World Champion from Aachen won also the Dressage competition Intermédiaire I "Prize of Stübben KG" with her nine year-old Bouton. With 1422 points, she brought a clear distance between herself and Monica Theodorescu (Sassenberg/1395) with Cooper and Ann-Kathrin Linsenhoff (Kronberg/1371) and Sterntaler. In the Intermédiaire II, a Canadian rider triumphed: Christilot Boylen secured her victory in the "Prize of Juwelier Uttermann, Aachen". The Canadian, who is living in Germany, notched up 1347 points with her twelve year-old Hanoverian Lemon Park. Also the other riders on the front places had ridden German-bred horses: Swiss Silvia Ikle was second with her Westphalian Florestan-son Florian with 1338 points, British Fiona Bigwood, who is training in Germany, got 1330 points with her 15 year-old Rhinelander mare Habana. Incidentally, Habana, a Hyllos-daughter, has at that time been sold at the CHIO-Sales ■



FEI World Equestrian Games
Aachen 2006

Results

Placing	Rider	Horse	Country
1	Chris Kappler	Royal Kaliber	USA
2	Gertjan Bruggink	Joel	NED
3	Ludger Beerbaum	Goldfever 3	GER
4	Laura Kraut	Anthem	USA
5	Franke Sloothaak	Joli Coeur	GER
6	Christian Ahlmann	Coester	GER
7	Helena Weinberg	Kasting Horses Gavi	GER
8	Marcus Ehning	For Pleasure	GER
9	Michel Hecart	Quilano de Kalvarie	FRA
10	Reynald Angot	Tlaloc M	FRA

Free Style Dressage to *Music*

By: Lesly Alford

An invitational telephone call was received giving us 4 weeks notice of this impending event, with no doubt on my voice I said "we are in". So the preparations and nerves began with equal ferocity, never having attended or completed in an Egyptian Dressage event.

So ready or not here we come. Now moving two pure Arabian breeding stallions is not an easy task but thanks to the understanding of Khaled Assem we got them safely boxed. Now if you had been around on Friday evening when they came out for a practice you would definitely have placed us first for the rodeo award, they certainly thought they were there for other reasons!!

Saturday arrives and my biggest concern now is the organization, the usual questions from 7a.m what, where, when?? Honestly apart from a small hiccup at 5p.m the organization was practically faultless, thanks to the skills of Khaled and his assistant, Marion Wichmann, who were both seem working extremely hard throughout the day.

Now we have to deal with the new environment on horses that have never been ridden outside of their home, Sharbatly Farm. We had three judges, they sat in a line with big scary umbrellas, enough to startle any good horse and oh! There is a camera man with a huge scary machine resting on his shoulder, standing right on the boards! Ok we can do this, and yes for sure we did get a few startled creatures, but just keep smiling, pretend it didn't happen and continue.

Now the children go first and thanks to the consideration and kindness of Mohamed El-Sherbeiny each child completed their test and a good start it was. Then smoothly into the next class, D2, I just love the sport of horses totally the only sport that is not ageist or sexiast, where adults on huge 17-hand warm bloods competed against children on 14-hand "Baladi" horses equally.

A short delay to our class D3 the biggest class of the day, then my first horse Baioumy, with rider Nicole Knoth, the music starts and it is to be said it was probably one of my most emotional five minutes since I have been training in Egypt. The crowd were silent, the horse held them almost hypnotically, it was pure poetry in motion and then it was

over, what a joy and relief, the boy knew his job and his music (it pays to practice with your music). Now for me the D3 class was the best of the day, 15 riders who had obviously worked hard to get it right and the majority of them being 'first timers'. Then we brought in our second horse, Shedad, who again managed to hold the audience. Now just the waiting game for results. Sadly for the later riders things didn't go quite so smoothly, a few music hiccups and a power cut didn't help matters. This delayed things and our audience started to thin out, which is always a shame, when you have worked so hard it is nice to get a good round of applause when you finish your test. It would also be a good idea to have elevated seating for the audience dressage is definitely more appreciable viewed from above rather than ground level.

So the day was over and what a fabulous day it was, for competitors and audience, an experience definitely to be repeated. A big round of applause for all the organizers and for allowing open competitions, there are a lot of good horses and riders out there waiting for this kind of opportunity. And of course I must not forget to mention, due to our great team work, Sultan El Sharbatly, owner, Nicole Knoth, rider, and Me we took 2nd and 3rd places in our class, not bad for first timers ■

Lesly Alford is an expatriate trainer in Shrbatly farm.



Crowd cramped watching the show in Sakkara C.C.



Eng. Khaled Assem, Mr. Amr Latif, & Dr. Mohamed El-Sherbeiny giving the trophies to the winners.



Young winners of the D2 level.

Gen. MOHAMED SELIM ZAKI

“a very stirring debate that brought up a lot of suggestions and ideas on how to improve the equestrian sport in Egypt”

Thinking about who to interview on 'funding and elevating the equestrian sport in Egypt', we started putting some guidelines that could help us choose the interviewee. We wanted someone who is conversant from the business perspective, has remarkable contributions to the equestrian sports in Egypt, and has an outstanding history in horse back riding field. General Mohamed Selim Zaki was the first person that came up to our minds.

Fate had a great role in what General Selim Zaki achieved in the equestrian sport. As a child, his great passion was for flying as well as tennis and squash. However, his father, a keen rider, pushed him to ride when he was a teenager. At the age of 18, Gen. Selim Zaki decided to join the Military University; but fate played its role again and the cavalry forces soon notified him that he would be transferred to the mounted cavalry force. In spite of the years he passed in riding before joining the military academy and after the training he had and the courses he passed in the cavalry regime, the arrival of Colonel Pierre La Farg, French trainer, was the turning point in Gen. Selim Zaki's riding career, as it made him start understanding, feeling and enjoying riding more. One of the greatest achievements in his riding career was winning first place in the Irish challenge cup competition in 1954 and 1956; he also participated in a lot of competitions in Rome, Italy, and Lucern Switzerland. Today Gen. Selim Zaki still enjoys riding everyday and is an inspiration to all of the riders in the field.

Our editor in chief, Khaled Assem, went to interview Gen. Selim Zaki and instead of coming back to us with an interview, he came back with a very stirring debate that brought up a lot of suggestions and ideas on how to improve the equestrian sports in Egypt. Since they both have the same passion for the sport, they were both very enthusiastic to the extent that they made us doubt by the middle of the interview who is the interviewer and who is the interviewee! The discussion went as follows:

HORSE Times (HT): Can we first start by dividing the issue into two parts, firstly the investment in the horse, secondly the investment in the rider? And please allow me to start this interview by talking about the role of producing and refining the rider.

Gen. Mohamed Selim Zaki (MSZ): To talk about a sport like horse back riding, it is a special case. First as a sport it does not depend only on the rider, it also depends on a very sensitive animal, so it needs a special kind of human being... not everyone could do it. This human being should be raised in an enlightened society so as to be able to deal with animals, with love that comes right from the heart so as to reach anywhere in this sport.

Talking about Show Jumping, both the rider and the horse should have intensive training together, to make them both act as one. If we looked at the history of the equestrian sports all over the world; for example in Russia they have some very good dressage riders and horse breeds but they don't have a history in show jumping. This sport needs a certain quality of riders with physical fitness and capability of taking decisions in a fraction of a second.

HT: In our last issue we had an interview with Dr. Ahmed Shawki, in which he had an opinion stating that to further develop the equestrian sports, the Egyptian Equestrian Federation should increase the number of riders as this would eventually increase funding for the sport, but in your opinion we should choose the rider's caliber to be the best?

MSZ: I agree with the opinion stated by Dr. Ahmed where out of these larger number of riders, who would definitely add to the funding of the sport, we select the category of enlightened, sensitive riders that we are looking for and then we invest further in those selected ones, in terms of technical training and positive mental attitude.

HT: Still, if we considered today Mr. Mohamed Selim Zaki the Egyptian equestrian representative and we ask you to improve the Equestrian sports in Egypt within the conditions that we have now with all it's problems and drawbacks; what would you do first?

MSZ: As we agreed, we have to improve the standard of both riders and horses I would start by choosing the riders who are actually talented in horse back riding; we have to improve their standard s. As a matter of fact, there is a huge amount of money spent now on horses without a well guaranteed return; I believe this money should be spent on riding schools with good trainers in order to build the basics and find the people who have the resources and the ability to finance such a sport.

HT: Reflecting on what we have just said sir; There is an opinion that without the military and the Police financing horse back riding in Egypt, it would have faced a serious problem, explicitly it would not have had an existence as it does today.

MSZ: There should be some cooperation between the private sector, the police and the military so as to raise funds for those talented riders as well as providing a constant source of funding for Horse back riding sports in general, and here the role of the federation is more emphasized as a coordinator between all those entities.

HT: Where is the role of the private sector in funding?

MSZ: In the private sector every penny counts. If every penny I pay will not give me the return that covers my cost and even more profit, they would never participate. This sector cares a lot to know where his money goes and his allocated profits.

HT: But a very good example could be when Dr. Ibrahim Kamel sponsored Ahmed Barrada when he proved to be a talented player and helped him become a world champion.

MSZ: Yes, but how many examples did we have like Dr. Ibrahim Kamel and Barrada. Another very successful case would be, Winkler. Winkler was chosen by a private company "Bayer" to sponsor him. Now look at what they made out of him and his talent, he became an international champion and won several gold medals. He kept competing until he was 64 or 65. A news paper once named him "the man who gave headache to all", which definitely gave a boost to Bayer's sales as they were promoting their new product "Aspirin" at that time. How many riders in the equestrian history did what Winkler did? Or how many could give the sponsors the profits Winkler gave to his? There are some individuals abroad who have the resources and are always on the look out for talents, they sponsor them and give them what they need to improve. That is abroad but in Egypt we do not have the same atmosphere that can push the private sector to do so, we have to 'create' this atmosphere. Yet before looking for similar chances

I have a preservation; I believe private sponsorship could turn the sport into something commercial and it wouldn't be a mere sport!!

here in Egypt, I believe that talented riders encourage private sponsoring, and in our case we do not have enough talented riders to encourage enough sponsorship on a larger scale.

HT: I have a personal suggestion- do you believe that we could develop private companies or firms that would act as a mediator between the Egyptian Equestrian Federation and the private sector? For example it could have five to six of the big companies as their major clients from which it collects funds and then it uses those funds for sponsoring the talented riders via the federation and do all the publicity needed to bring profits?

MSZ: I don't think this could happen in Egypt, we can not compare European countries with us. They have a very old history with horses as a business that generates profit; this should take some time to convince companies to do this as a part of their advertising campaigns.

HT: Do you think that the special sports horses that participate only in highly professional jumping competitions could be bred in Egypt?

MSZ: Breeding horses needs a lot of expertise plus it's a very tough job to do. These kinds of projects do take a long time and need a lot of funding but it is worth it. It's a huge investment project that you should do if you have the time and money and you can even involve your friends as partners. So as to serve the local sports horse industry. As I said before it needs a lot of experiments... you don't just get a pure mare and a pure sir, the genetic aspects needs experimenting, time, money, and the appropriate education. Poland is the only country that was able to preserve its horses, even during the time of the socialism regime. Also in Germany and in the whole of Europe they have breeding stud farms specialized in designing complete training courses, similar to the systems used with riders. First all the horses are enrolled in a general training program and then each specializes according to their talent e.g. show jumping, dressage, etc... Again this is done through feasibility study programs with the target of calibrating the investment versus revenues.

HT: Now that we have brought up the idea of breeding sports horses; what is your opinion of what happened in the U.S with the Arabian horse breeders, they were all tax exempted so as to be encouraged? Is this possible in Egypt?

MSZ: Definitely yes it could. It's an investment project and it will add to the welfare of the whole economy. We need to have this feasibility study presented to the ministry of agriculture.

HT: What's your opinion of the idea of having a special protocol between Egypt and a foreign country as France for example where Egypt would receive technical help in projects as the ones regarding breeding?

MSZ: There are several good ideas if one has the technology and money. Take Israel as an example; they have a very good Arabian horses (with Egyptian origin) breeding industry. They copied what the Americans are doing and they admit it. They are selling their Arab breed in Europe using 'Egyptian Origin' and they are doing very well.

HT: In our last issue we had an interview with Dermott Lennon, the Irish rider who won the world championship, he personally believes that being professional comes in the very late levels of the sport namely when the rider starts competing internationally. But the starting level of riding should be a sport in its ethical level and never change until you get to the upper levels where you should get more help as in sponsorship.

MSZ: Certainly traveling and partici-

pating in International competitions helps a lot but also costs a lot and it has to be financed either through an entity like the military forces or the police or through private sponsorship like the example you mentioned about Barrada.

HT: A mobile phone Company hosted a championship in Ferousia club that cost them at that time a substantial amount of money! Yet they didn't repeat the experience!

MSZ: Because it needed a very strong advertising campaign. However, I have a preservation; I believe private sponsorship could turn the sport into something commercial and it wouldn't be a mere sport!!

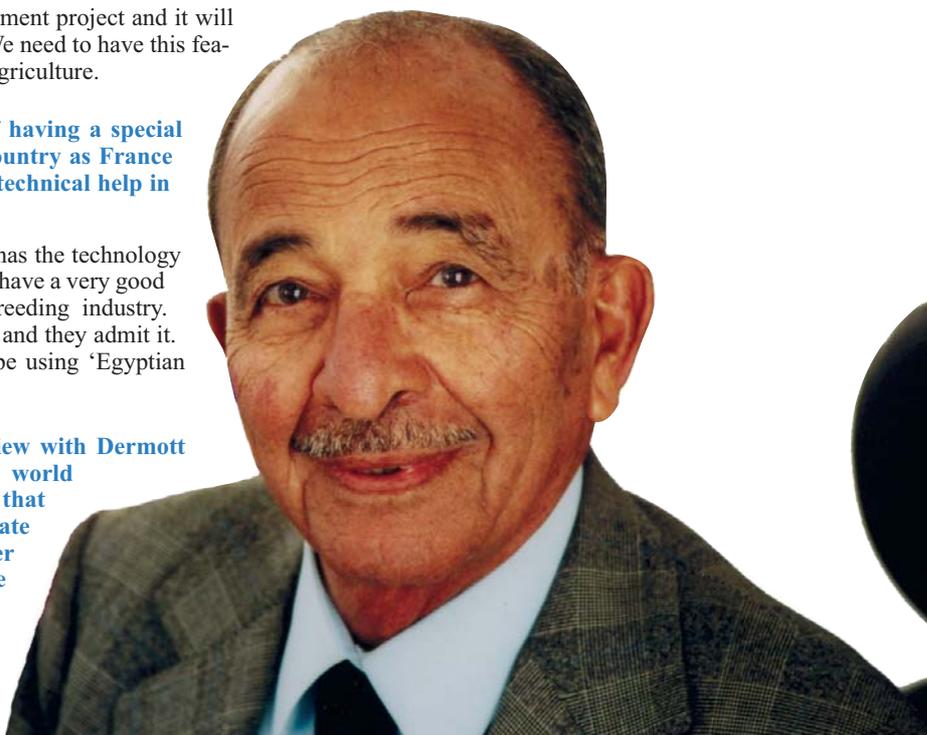
HT: The federation is now organizing a lot of competitions outside Cairo, like in Sharm El-Sheikh and Ras-Sudr. And that's great; new grounds and horses as well. But on the other hand, we need for any equestrian competition more audience and sponsors who come to see the show so as to be encouraged. Companies won't agree to sponsor unless they get an impressive number of audience which is not available outside Cairo.

MSZ: We should all start inviting people to watch the equestrian sports; we need more publicity to try to bring it back to its golden age as it was during the 60s.

HT: To sum up the whole discussion; we need a complete vision from the equestrian federation, we need the Minister of Information to create more awareness and publicity for the sport and the minister of Education to give bonus points for the successful riders in the equestrian sports to encourage them. And finally we need to increase the liaison between the sponsoring companies and the equestrian entities.

MSZ: The ministry of education used to give bonus points to successful students in all sports. Concerning the publicity part, look at the sports in general how many kinds of games do we have that could have been more developed. I can see efforts in some sports now but I think that there is more that can be done and for sure, we have all the means and possibilities ■

General Mohamed Selim Zaki



The American

Hunter Class

By: Ibrahim Samy

The Hunter seat over the fences is an American discipline that promotes a steady way of riding over fences. The idea is to hunt the fence; meaning never change the rhythm, stress on staying nice and tall in your saddle, and encourages the two point position which is the forward position. With today's way of riding this 'two point' does not necessarily mean away from the saddle, but maintain a lighter seat to encourage the forward motion of both the rider and his horse.

Hunter seat over fences consists of certain straight forward fences that are usually white or beige with simple filler fences and the track consists of simple forward lines of 4-5 and 6 strides. The course starts with a single fence, to outside line, to diagonal line, to outside line... then rest area and come back do the same course starting with the other single fence, on the other side of the first one, and go to the course accordingly. Lead changes are very important in that discipline, since it shows the smoothness of the horse and rider and the flexibility and level of ride-ability of each horse.

Hunter riders must maintain the rhythm of the horses and keep a long stride at all times. Long shots are often preferred than short ones and a big gallop is often necessary as long as not rushed of course. The idea of the hunter seat competition over fences is to get the right gallop necessary to jump the lines in the designated number required for the small height without having to push or change the stride. So the more you keep a horse forward, maintaining his balance and encourage his stride to stay long and light, the better the result you will get.

The final result of both courses are added and judged on the level of how even the horse and rider were while jumping both courses. Riders get in the ring at a walk then trot few steps before cantering. As the course finishes riders slow down the canter and trot out the arena.

A lot of hunters get longed prior to being ridden in order to be real quiet and always the same. Riders are always asked to be in proper attire and they have to wear jackets and safety hats. Of course in case the weather is extremely hot

“It is a very safe class over fences, encourages riders to be patient with their horses and perfect their riding ability before speeding and jumping in bigger classes”

few adjustments can be made. Horses must not show with any bandages or show boots at all and have to have the legs as naked as can be. Mains and tails should be braided, but since it is a new sport to Egypt some requirements might be disregarded for now. Both rounds are not related at any time frame whatsoever, and speed is not highly appreciated instead one should take one's time in shaping turns and coming straight to the fences.

I hope that this description gives a general idea of what we are looking for in introducing such a class to our country. This competition helps us teach new riders and horses to be more confident and take their time in approaching fences and planning their tracks. It is a very safe class over fences, encourages riders to be patient with their horses and perfect their riding ability before speeding and jumping in bigger classes. It also put emphasis on the way of riding and the smoothness of the ride, which I believe would be a great building point for those wishing to proceed and jump bigger classes ■



Ibrahim Samy on his horse.

Arno Neesen...

A Dutch Trainer in Cairo

By: Zena Sallam



Arno Neesen and Eng. Khaled Assem.

Twelve eager riders arrive at Sakkara Country Club to await the arrival of European trainer Arno Neesen. It is the start of a long awaited three-day clinic tailored to benefit your average show jumper in progress. Ranging from the experienced competitor wanting to polish the edges, to the young new-comers wanting to better their game.

Myself, being somewhat of a new-comer, jumped at the opportunity. Not only would I improve the communication lines between my horse and myself, but I would also get to ride with someone already familiar with my riding, as I was fortunate enough to be one of the young riders traveling to Arno's homeland of Holland to participate in a two week program. Almost like a prolonged clinic of concentrated work, we did everything from the feeding and cleaning, to doing the actual riding. As Arno's voice echoed through the palms, I started to remember the usual routine. Five-ten minutes of forward trot and then seven-ten minutes of collected canter, how could I forget? As all the memories snuck back into my head, I realized the principle onto which Arno's teachings were based. If he had taught me one thing, it is that when it truly comes down to it, it's between horse and rider. How one communicated with one's horse could mean the difference between eight faults and none. Riding is not a

three-way conversation between the horse, coach and rider, in which the coach communicates to the rider, who then relays that back to the horse. Riding is a sport that is ten percent physical and ninety percent mental.

Arno has taught me to think of my actions and reflexes in order to correct and better myself. Whether it is with the nod of his head or the order to do it again, Arno encouraged me to think of my options and act on them immediately. His stress on the dependence of the horse on the rider, and visa versa makes it easier to make a mistake and move on unfazed. After all, when riding a course in a show one has no one to talk to but his horse.

The short three days that made up the clinic seemed to fly by with every jump. As soon as it had started, it ended on the highest of notes. Each of us had adapted our minds to becoming fast-acting, yet sensible at the same time. Arno taught us to communicate with our horses. Not just in the sense of giving an order, but to also listen to them. I learned to appreciate, my horse's, as well as my own, developing sense in the sport. Not only did the riders of my class and myself clear the last, determining course. But we all finished feeling almost relieved with the fact that it is possible to succeed without effort. Practice makes perfect, and let me tell you perfect does not happen at the first try ■



Zeina Sallam during the training in Sakkara Country Club.



Arno Neesen watching his students during the training.

Interviewing the

Stars

Interview by: Ahmed Talaat



Team during the summer camp in Germany: from left to right - Chuba, Mohamed Sabri, Panni, Mano, Chuba's wife, Alaa Maysara, Sameh Hatab, Mahmoud Khalifa, Ahmed Talaat, and Mohamed Ragab.

“Beat Mandli,
because when I saw
him during flat work
I felt that I don't
know how to ride
horses”
Sameh Hatab

"Shoot for the moon. even if you miss, you'll land among the stars." -Les Brown; and that's indeed where they all stand now; they are all stars in the Egyptian equestrian young generation. Sameh Hatab, Alaa Mayssara, Mohamed Ragab, Mohamed Sabri, and Mohamed Elboraai were all part of the Egyptian team which traveled to Germany and participated in a summer training camp. We wish them luck in their quest and we are all proud of where they stand now. That was the reason why Mr. Ahmed Talaat, a young talent in course designing, came up with the idea of interviewing them during the summer training camp in Europe. The interview went as follows:

1. What is your feed back and impression coming back from the summer training camp?

Sameh Hatab: I think that it was very good mileage for me and at the end of the trip I made good results.

Alaa Mayssara: It was very good and very successful for me.

Mohamed Ragab: It was very good for me, but I couldn't compete in the last 2 shows because I started my college.

Mohamed Sabri: I got very good mileage in this trip

Mohamed Elboraai: It was ok!!!

2. How would you evaluate the training during the trip?

Sameh Hatab: I think we need to learn more in flat work

Alaa Mayssara: It is not enough.

Mohamed Ragab: No comment

Mohamed Sabri: We need better training

Mohamed Elboraai: It was more management than training

3. Who is the best junior rider in your opinion?

Sameh Hatab: Islam Amr Eid

Alaa Mayssara: Islam Amr Eid

Mohamed Ragab: Islam Amr Eid

Mohamed Sabri: Ahmed Bassiouni and Shadi Ashraf

Mohamed Elboraai: Ahmed Bassiouni and Shadi Ashraf

4. Who is your role model?

Sameh Hatab: Markus Fuchs, because he has the spirit of winning.

Alaa Mayssara: No comment

Mohamed Ragab: Ludger beerbaum

Mohamed Sabri: Ludger Beerbaum and karim Hamdi

Mohamed Elboraai: John Whitaker

5. Choose one person to spend the day with during your training? And tell us why you chose him?

Sameh Hatab: Beat Mandli, because when I saw him during flat work I felt that I don't know how to ride horses.

Alaa Mayssara: No comment

Mohamed Ragab: Sameh Hatab because he is a very good friend and he is very honest with me

Mohamed Sabri: Nelson Pessoa to teach me all the tricks in this game.

Mohamed Elboraai: Mohamed Ragab because he is a very good friend.

The Dawn OF Ferousia Club

Since the dawn of time, horsemanship has been considered a noble characteristic of the royal and elite societies all over the world. In Egypt, this sport has been treated in a very refined manner. It has been always practiced and loved by the Egyptian Royal family members at that time.

The importance of horsemanship, as a sport that should be practiced by the whole community, started back in 1938. At that time, the Ferousia club was first established by Taher Pacha in the 'Gabalaya' area. King Farouk the first, attended the opening of the club on the 30th of April.

In 1951, Fouad Pacha Serrag El-dine, president of the Ahly club, needed the Ferousia club's land for further expansion. So the club was granted part of Gezira club's land, to relocate in. Unfortunately, this new piece of land was not suitable for a refined sport like Horse back riding, which needed a better

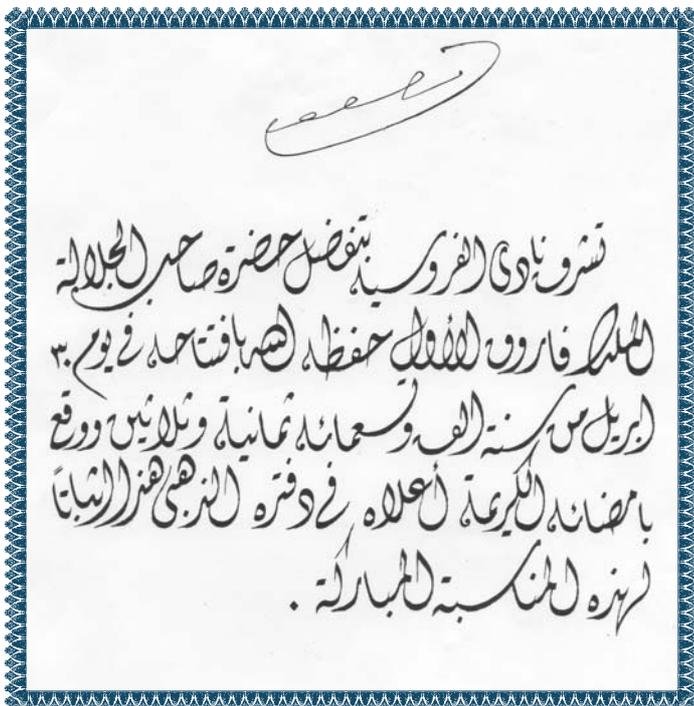
and smoother land for the horses. Therefore, Fouad Pacha called Mr. Delanquer, president of the Heliopolise company, who granted Ferousia club a piece of land, which is now part of palace hotel and Heliopolise club.

However, Taher Pacha still worked in creating the infrastructure and reforming the land in Gezirah. Eventually after the revolution in 1952, a new map for the club was drawn, the club was again relocated in this area and kept the same location up till now and a new board of directors was formed.

The new General Secretary was General Youssef Ghourab continued the construction Taher Pacha began before until it was finished in 1958. Now the general secretary of the club since 1972, is **General Elwy Ghazy**, who was a member of the board since 1965. Ferousia club is now considered the most reputable club in Egypt and a pioneer in this field; it was the first Horse-related club to be founded in Egypt.



The memorial board hanged in Ferousia club stating that the opening in 1938 was attended by King Farouk the first and that the first Club's President was Mohamed Taher Pacha.



The document signed by his Royal highness the late King Farouk the first, on the occasion of opening the Ferousia club.

“his royal highness King Farouk the first attended the opening of the club on the 30th of April 1938”

Ferousia Club is the official organizer of a lot of horse back riding events in Cairo. It started with a yearly dressage, 'L' level for both males and females, competition, as well as a show jumping competitions. In April 1938 they organized the Egyptian Show Jumping Championship. Ahmed Abd El-Aziz from the Royal Cavalry, won the champi-

onship. He won the high jump clearing a 180cm height on his horse “Fahd”; in 1939 he also won a similar event with the same horse. Abd El- Aziz was a life-time hero; in 1948 he volunteered in the Palestinian war and died there, but he was always remembered, since a very well known street in Mohandessin was named after him:

“Al-Batal Ahmed Abd Al-Aziz Street”



The champion Capt. Ahmed Abd El-Aziz on “Fahd” jumping back in 1938, in the first championship to be held in the club.



The Ferousia club’s new map drawn in 1975.

All information was provided by **General Elwy Ghazy** and **General Gamal Hares**.

Endurance...

the Egyptian way!

When you are indulged into something that you love so much, you just keep trying hard to improve so as to get the best out of it for yourself and for anyone who shares the same passion. Moreover, there may come a time when more people start joining in until this friendly joint-venture evolves into a foundation; that's how EERA started. Egyptian Endurance Riding Association, EERA, Started back in year 2001 by its founders; Mohamed Kharma, Sherif Fouda, Sumaya Fahmy, Aly Shaarawy, Shaher Khalifa, Dr. Aly Abd El-Rehim, Magdy Abd El-Aziz, Nagwa El-Daly, Murad Sedky, and Farouk Younis. All those members shared the same passion of riding in the desert; in Fact most of them are well-known winners of the Endurance races held by the Egyptian Equestrian Federation, EEF.

EERA's main goal is to train both the riders and horses so as to get qualified for the official races organized by the EEF. This training takes place once every month all through the year except for July, August, and September, where the riders

“EERA's main goal is to train both the riders and horses so as to get qualified for the official races organized by the EEF.”

are on Vacation but the horses still get their training.

On Friday 13th of June the last EERA's training before the annual vacation took place in the desert of Sakkara. The total training distance was 20 km, rider's took off at 7:30 and the last rider arrived at around nine. A Friendly gathering for all the members took place in Dr. Aly Abd El-Rehim's stables

One of the strictest rules enforced by EERA's mem-

bers is that only horse owners are allowed to ride the horses i.e. no jockey's allowed. According to Ms. Summaya Fahmy, EERA's treasurer, "this rule is enforced so as to protect the horses; if you are riding your own horse you will never force it too much or drive it to death so as to finish the race."

The first Endurance race to be held in Egypt was in 1996, the distance of the race was 20 km, it was organized by the United Arab Emirates and the first place winner was Sherif Wagih. Nowadays, Endurance Races in Egypt ranges from 20 to 80 Km Long. And for a horse to enter the race, it should be in good condition and possess very strong legs. An endurance race would be divided into a number of loops according to the value judgment of the Judges. There are flags along the way to guide the riders, check points to register the rider's number, make sure they all move in the same track, and check the horse's condition, and water points for the horses and riders to drink from. There is also at least one vet check in the middle of the way to check the horse's condition, dehydration level, and heart beats, where unfit horses could be disqualified ■



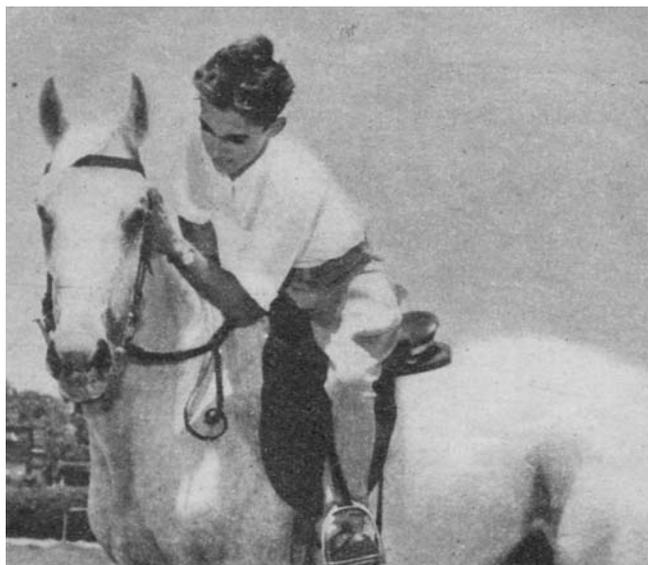
Mohamed Kharma, Sherine Kharma and a friend during the EERA training.

Shaher Khalifa...

a horseman re-discovered

Some people say that "success stories are all over, you just have to look for them". Here is a success story we looked for in the history of the Equestrian sports that would help inspire both young and old riders.

Shaher Hassan Khalifa, born on the twentieth of



"The youngest jockey in Egypt", Mr. Shaher Khalifa when he was only 15 years old.

January 1939. Mr. Khalifa graduated from the Faculty of Law in Cairo University, class of 1962, achieved the high diploma in administrative law in 1963, as well as the high diploma in public law in 1964. He started riding when he was around seven years old as his eldest brother General Saad Khalifa, who was junior officer in the army, and a rider, and so was his father before him.

Mr. Khalifa loved everything about horseback riding, but his favorite kind of competition is horse racing. When he was fifteen years old he participated in his first horse race, or competition as a whole. Surprisingly, he won first place in this race, and the media declared him "the youngest jockey in Egypt". His last official race was in April 2003, in Gezira club. The distance of the race was 10 Kilometers. In this race Mr. Khalifa was the 'oldest' Jockey participating and he won third place.

Mr. Khalifa's first show jumping competition was in 1960. The competition was held in Maadi Sporting Club and it was a 110 cm course. Although he just trained shortly before the competition, he jumped a clear round and successfully won first place.

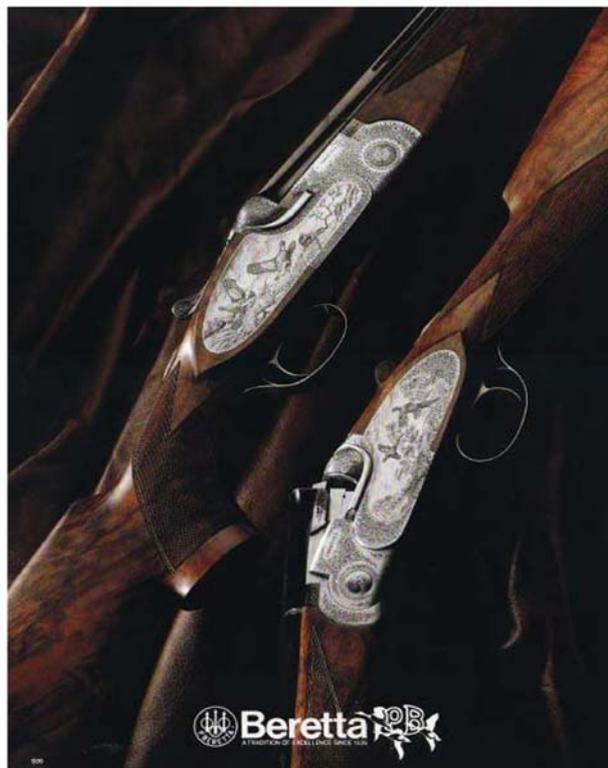
Horse back riding helped Mr. Khalifa to develop the refined character of a horseman that is based on courage and nobility. This character has also reflected on his profession as a lawyer, and on his children. His eldest son, Mohamed Khalifa, is a professional horse trainer, his

grand children Mohamed Essawy and Hana Khalifa are show jumpers with a bright future. On top of that his eldest brother, General Saad Khalifa, who is a great inspiration for the whole family, was the previous chairman of the Egyptian Equestrian Federation, and a member of the board of the International Equestrian Federation. ■



from right to left: Mrs Amina Khalifa, Hana Khalifa, Mr. Mohamed Khalifa, Mr. Shaher Khalifa, General Saad Khalifa, Mohamed Essawy.

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Veterinary Ailments

Useful Devices in treating leg Ailments

Standing Bandage

Covers leg from knee or hock to the pastern. Used for support, protection, and to maintain a poultice or medication on the leg surface. Standing bandages should be changed every day. Apply bandage by starting them from the inside of the horse's leg, around to the outside. Use enough good quality material for at least one inch of padding or cushion.



Cold Water Bandage

Use any time cold water is indicated for a strain, sprain or to reduce body temperature. Usually bandage material is cotton because it holds moisture and wicks better than other materials. Roll



on bandage wet and reapply cold or icy water to bandage on leg when needed. Never let bandage dry on the horse, as the cotton will shrink and could possibly aggravate the condition.

Hoof Healer

A flexible treatment boot, covering the hoof to the knee. The horse can move in these boots while being treated. May be used with ice, poultice or other medication. A standing bandage is also recommending with the foot.



Ice Boots

Used when extreme cold is called for in treatment. The horse must be tied up or restrained when ice boots are used. Never leave your horse unattended in ice boots.

Kinds of Ailments

Step number one in treating ailments or any disease, is to know what you are dealing with and what its causes are, so as to be able to cure it right. To help you, here are some of the most common ailments, their definitions and causes.

Ailment	Definition/Symptom	Caused by
Bog Spavin	Over production of synovial fluid in the joint capsule of the hock.	Faulty conformation, strains, sprains resulting from rapid turning and quick stops, deficient nutrition, improper levels of vitamins A & D, calcium and phosphorus.
Bowed Tendons	Tendon damage causing inflammation of the tendon only. In tendosynovitis, the tendon and sheath are affected.	Overexertion, muscular fatigue, bad footing or speed. Swelling and heat indicate new injury.
Ringbone	Bony enlargements below the fetlock. Most common in forelegs.	Direct injury, blows, and cuts.
Splints	Hard swelling in the splint bone area.	Concussion or direct trauma. Poor conformation and nutrition imbalance also contribute.
Suspensory Ligaments	the broad, elasticized band of tissue behind and attached to the lower row of carpal bones and sesamoid bones of the fetlock,	Sprain, Injury, or strain.
Thrush	A dark discharge indicating poor growth and disintegration of the horn of the frog.	Bad sanitation and atrophy of the frog contribute to this hoof problem.
Wind Puffs	Joint Capsule distension with firm swelling due to fluid will be noticeable in the fetlock area.	Full training, followed by abruptly stopping exercise

DRESSAGE By: Eng. Emad Zaghloul make it Professional

The changes of direction

1. At changes of direction, the horse should adjust the bend of his body to the curvature of the line he follows, remaining supple and following the indications of the rider, without any resistance or change of pace, rhythm or speed.

2 When changing direction by right angles, for instance when riding corners, the horse should describe one quarter of a circle of approximately 6 meters diameter at collected and working paces, and at medium and extended paces one quarter of a circle of approximately 10 meters diameter.

3 When changing direction in form of counter-change of hand, the rider changes direction by moving obliquely either to the quarter line or the center line or to the opposite long side of the arena, then he returns on an oblique line to the line he was following when he started the movement.

4 At the counter change of hand the rider should make his horse straight an instant before changing direction.

5 When, for instance, at counter change of hand at half pass to either side of the centre line, the number of meters or strides to either side is prescribed in the test, it must be strictly observed and the movement be executed symmetrically.

The figures

1 Volte

The Volte is a circle of 6, 8 or 10 meters diameter. If larger than 10 meters, one uses the term Circle stating the diameter.

2 Serpentine

The Serpentine consists of half circles connected by a straight line. When crossing the center line the horse should be parallel to the short side. Depending on the size of the half-circles the straight connection varies in length.

3 Figure of Eight

This figure consists of two exact voltes or circles of equal size as prescribed in the test, joined at the centre of the eight. The rider should make his horse straight an instant before changing direction at the centre of the figure.

CARE OF THE UNSHOD FOOT

Working Unshod

This is feasible, if work on is on hard gritty roads or flinty tracks is avoided. It saves on shoeing costs, and an unshod horse has a more secure grip on every type of surface. Also injury from a kick by an unshod horse is likely to be considerably less severe.

The feet of a horse working unshod must be checked regularly by the farrier, who will ensure that they present an even surface to the ground and that any splitting and cracking of the walls receive attention.

Unshod When at Grass

It is usual and beneficial to remove

the shoes from horses that are not in work. This enables the hooves to grow without interference from nails. The farrier will be needed every four weeks or so to control the natural growth of the hooves and to encourage the correct shape and angle.

Young stock

The feet of young horses must receive regular attention from the farrier, because their feet may not grow evenly. Any defects should receive immediate remedial action to ensure that the feet are correctly shaped and balanced.

Jumping

The Rider's Position for Jumping:

A basic balanced position should be maintained while jumping, depending on the length of stirrup-leather that you use, it may be advisable to shorten them. This will close the angles at your knees and ankles (make them more acute), which will help you to maintain a balanced and secure position throughout all the phases of the jump. The horse will only be able to perform to the best of his ability if the rider's weight is balanced over his center of gravity.

Adjusting the Stirrup length for Jumping:

As a practical test, remove your feet from the stirrups and let your legs hang along. Now try folding forward from your hips (from the top of your legs, not from your waist). You will find it very hard to balance. Your lower leg will slide back and you may have to lean on your hands to catch your weight.

Shorten your imaginary stirrup as short as those of a jockey. Fold forward, now you will find that balance comes easily, because you will have a broad base of support;

but you will not be able to use your legs effectively. You should find a length which is short enough to enable you to fold forward.



a) Too long; difficult to balance
b) Too Short; legs ineffective
c) Balanced

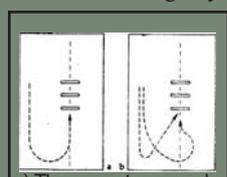
Building up confidence

If correctly trained from the start, a horse should never know how to refuse. By only asking him to jump when his pace is relaxed and rhythmical, and never over-facing him, refusals will probably be avoided. However, if problems arise and the horse refuses, the fence must be lowered at once, and be kept very small until confidence, calmness and obedience return.

The Centre line

When riding a course, on the turns and during the approach to the fence the rider must be aware in his mind's eye of the centre line. This is an imaginary

line running along the ground straight through the centre of the fence or combination of fences. You should ensure a good approach to each fence, by making an even, rounded turn on to this line. Over-shooting it and



a) The correct approach
b) 2 incorrect approaches

having to make an "S" turn back, will unbalance the horse and cause him to lose impulsion and rhythm in the approach. This will result in a poor jump.

Approaches which take a short-cut on to the centre line (causing the horse to meet the fence at an angle) should not be attempted by novice horses or riders because the horse could easily run out.



Horse'n Around

Just for Kids

The 5 golden rules

- 1** Horses rely on us humans. We are in charge of the wellbeing of each horse.
- 2** Horses need water, food, light and air, movement and contact with other horses.
- 3** All horses need care and affection, no matter how young or old, competition horses, breeding stallions, or an old school master it is.
- 4** Never force the horse to perform. Horses have different talents and efficiency. We should respect the natural talent of a horse and never try to influence its efficiency with force, compulsion, nor medication.
- 5** Horses have a shorter life cycle than humans do, so we should give them care and attention in their last years, and never make them feel the fear of loneliness and pain.



Horse for Sale

An old farmer is outside for a walk around his land when he sees a sign on his neighbor's lawn; "Horse for Sale". Curious, he decides to have a look. As he approaches his neighbor's stable, he sees his Old Italian friend brushing down a fine looking stallion.

"Hello friend, I saw your sign out there and came over to see your horse for sale". Now the Italian farmer speaks very poor English, but manages to answer well enough. "Yep, yep, dis is da horse for a-sale".

"This Horse here?" quizzes the old farmer, "Why he is a fine horse! Why ever would you sell him?"

"Well", sighs the Italian farmer, "He no looka so good anymore."

The old farmer, convinced that his neighbor has lost his mind, makes the sale and leads the horse across his field over to the stable. As he taps the Horse gently on the back to coax into the stable, he watches as the horse misses the door completely and smacks head first into the wall. "That ol' cheat sold me a near blind horse!" growls the old farmer. He then proceeds to storm over across the field, reigns in hand, to give his neighbor a piece of his mind. "You sold me a near blind horse you ol' cheat and you didn't even tell me!" he screams.

"Eh! I tolla you!" cries the Italian farmer, "I say, 'he no looka so good anymore!'"



Should You keep the HUSBAND or the HORSE!!!!

HUSBAND's ADVANTAGES:

1. Husbands cost less to shoe than horses.
2. Feeding a husband doesn't require anything that even mildly compares with the hassle of putting up hay.
3. A lame husband can still work.
4. You don't have to chase them to get them to come inside.
5. If your husband gets a stomach ache you don't have to walk him all night.
6. Husbands may run up bills but they also help pay them.
7. Husbands load easily into your vehicle.
8. Husbands don't have to be fitted with saddles.
9. You don't have to clip or bath them or trim their feet.
10. Husbands don't try to scratch their heads on your back.
11. Husbands don't panic - running and yelling all through the house when you leave them alone.
12. Husbands don't like the lady next door just as well as you, just because she feeds him treats every day.

THE HORSE's ADVANTAGE:

1. You never have to iron their clothes.
2. You never have to divorce them, you can just sell them.
3. Clothing repairs do not require sewing, just duct tape.
4. You never have to share the TV or Computer with them.
5. You can force them to stay in good physical condition.
6. They may turn grey but NEVER go bald.
7. They don't come with in-laws.
8. They understand restraint.
9. They don't care what you look like as long as you have a carrot or an apple.
10. A simple fence keeps them in their OWN pasture.
11. They never leave the lid up on the bathroom stool.
12. They don't burp or keep you up all night snoring.

CLIP ART

Picasso

BY: Fawkia Hammouda

1
9 AM TUESDAY



2



3



4



Winnie

I have a horse his name is Winnie
 I ride him and he jumps as a genie
 He feels me when I'm on his back
 When I'm afraid he loses track
 I like Winnie he is a genie
 I give him carrots when he's a winny

Poem by: Hana Khalifa
 10 years old



Serenity

"let me win, but if I can not win, let me be brave in the attempt"

Have you learned anything today??

I've learned that you cannot MAKE someone love you.
All you can do is be SOMEONE who can be loved.
The rest is up to them.
And you must put into it what you must..
You must be willing to work at it..

I've learned that no matter how much I care,
some people just don't care back.
Live and learn, and try to understand..

I've learned that either you control your attitude
or it controls you.
Then YOU are out of control..

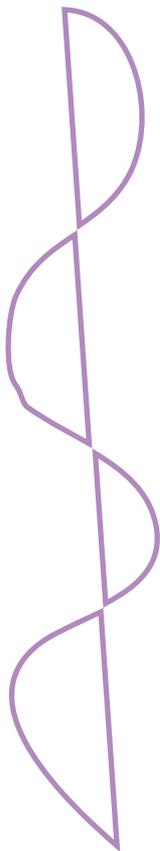
I've learned that it takes years to build up trust,
and only seconds to destroy it.
Maybe we should pay attention along the way..
Sometimes we know better..

I've learned that true friendship continues to grow,
even over the longest distance.
Same goes for true love.
The Key Word is "TRUE".

WHAT DON'T KILL US MAKES US STRONG

Life's challenges can either break us or provide us with an opportunity to blossom into our full potential. It is your choice. You can't control life but you can choose how you are going to respond. So when you respond to today's challenges remember the choices you make today, decides the person you will be tomorrow. The grand essentials to happiness in this life are something to do, something to love, and something to hope for. It doesn't really matter what it is that we do as long as we feel that it is necessary. And it doesn't matter where we happen to find love either; the important thing is that we are loved. And finally, whatever it is that we wish for in our tomorrows doesn't really matter either. As long as we nurture hope, not only do we feel more alive but we also have something to live for. So if you are feeling dissatisfied with your life; find something to do, someone to love, or something to hope for. Make your life matter... your happiness and well being depend on it.

By: Sh.M



Risk

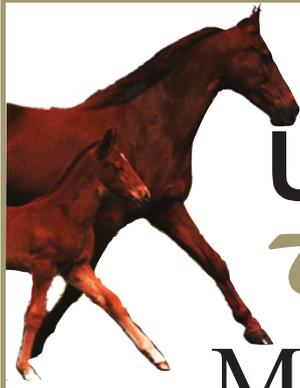
To laugh is to **risk** appearing the fool
To weep is to **risk** appearing sentimental
To reach out for another is to **risk** involvement
To expose feelings is to **risk** exposing your true self
To place your ideas, your dreams, before a crowd is to **risk** their loss
To love is to **risk** not being loved in return
To live is to **risk** dying
To hope is to **risk** failure

But risks must be taken

Because the greatest hazard in life is to **risk** nothing
If you **risk** nothing and do nothing... you dull your spirit.
You may avoid suffering and sorrow,
But you cannot learn, feel, change, grow, love, and live
Chained by your attitude, you are a slave.
You have forfeited your freedom

Only if you **risk** you become free

By: Leo Buscaglia



UNDERSTANDING

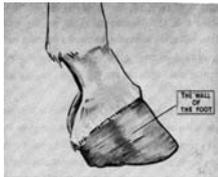
The Horse's Hooves

Many people feel that shoeing is a subject best left to the blacksmith because it is difficult to understand. To shoe a horse, certainly is difficult and requires years of practice and experience. To understand about shoeing can be quiet simple and interesting.

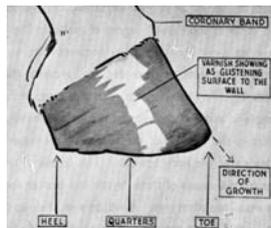
To put shoes on a horse's feet is at best an unnatural act so is putting a saddle on its back. Nature never intended horses to wear shoes nor to carry saddles. Our ability to do either without injury to the horse requires that we shall have some understanding of the structures we are dealing with and the kind of damage that will result from ignorance. So let us see first of all something of the structure and function of the horse's foot and what is nature's intention in relation to both.

For practical purposes a foot consists of three parts: the wall, the sole, and the frog. All of these are composed of horn which being non-sensitive explains why shoeing nails can be driven through the wall without causing the horse pain.

The wall of the foot is the part you see when the foot is on the ground. The wall extends right round the foot so affording it protection at all sides. Around the top is the Coronary Band from which the wall grows. The hoof is constantly growing from above downward just like your finger nail of which indeed it is the counterpart. Thus wearing away of the wall at the bottom, occasioned by contact with the ground, is made good by new horn constantly growing



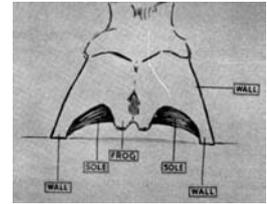
down from the top. There is one of the wall to which it is necessary to draw special attention. Nature has given the wall a protective coat or varnish which covers it completely, the object of which is to prevent evaporation of moisture from the horn beneath. This coat is difficult to see but may be recognized as the glistening surface to the wall or to your fingernail. All healthy horn contains some small degree of moisture but if this dries away then the horn becomes hard and brittle. This coat is provided to prevent this from happening. Any interference with this coat, as for example in abuse of the rasp on the wall in shoeing, results in the removal of the coat with consequent drying up of the horn beneath. This is one of the most fruitful causes of those brittle and broken feet that are all too often seen. It will be a real help to us all if we realize that this coating does exist, why it has been provided and how important it is that it should not be rasped away.



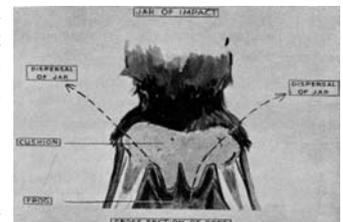
Now we come to the Sole. The Sole covers the ground surface of the foot and its object is to protect the foot from injury from below. Unfortunately it is not too thick for this purpose but we must remember that nature did not visualize a state of affairs in which nails and pieces of glass are left lying about and so did not make provision against accidents from such causes. The lesson to be learnt here is that any thinning of the Sole by the blacksmith when the horse goes to the forge is to be deprecated. Thinning of the sole with his knife makes it look smooth and neat but is a bad practice. In the healthy state the sole curves slightly instead of being absolutely flat. The proper way to express this is to say that it is slightly concave. Now you know that if you turn a saucer upside down and press it into the ground it is almost impossible to move it. The concavity of the saucer and its sharp rim give a great grip upon the ground. The idea is the same in the horse's foot,

the slight concavity of the sole and the sharp rim formed by the wall giving a grip on the ground which can only be shifted by a pull from above. In other words it is one of nature's precautions against the Horse slipping.

Moreover, the Frog is a bit of a puzzle, partly on account of its funny shape and funny name, but more particularly because there is nothing like it in our own foot. It is necessary therefore to explain why nature has given the horse a frog and for what purpose. Actually the Frog is quiet one of the most interesting parts of the horse's body; the real purpose of the frog is an anti-slipping and anti-concussion device. When a horse needs to pull up sharp or turn, there is considerable risk of him slipping or straining himself unless he can obtain a secure grip on the ground. Likewise, when a horse gallops fast there must be considerable jar to the body at every step, leading eventually to lameness unless some means existed of deadening or absorbing the shock. The Frog serves both purposes, anti-slipping and anti-concussion in the following ways. The Frog is made of horn but of a softer kind of horn than the wall or sole. It is very much like a piece of India-rubber, and just as rubber soles to a pair of shoes give you a grip on the ground-so with the horse's frog. This power is enhanced by the fact that when a horse puts his foot to the ground the frog region is the first part to make contact with the ground. In a fast turn he sticks his feet out thereby lowering the frog even more. The peculiar shape of the frog, pointed towards the front and broad at the back, serves the purpose of driving a wedge, point foremost, into the ground thereby materially assisting in braking power.



Furthermore, when you jump over something you are taught to land on your toes and not on your heels, for if you land on your heels, you suffer a very nasty jar to all the bones of your leg. By landing on your toes some of the shock of impact is dispersed before it reaches your leg bones. The horse's frog acts in this way and serves the purpose of preventing jar to the bones of the leg. This is very important for constant jar of the leg may well lead to lameness eventually. Now let us see how the frog acts as a shock absorber. When the foot makes contact with the ground the frog yields slightly so adsorbing some of the jar. What remains is then transmitted upwards to a soft cushion which lies within the foot just above the frog. This too yields but in an outward direction so forcing the heels apart. I.e. the jar of impact is transmitted upwards and then dispersed outward as shown on the dotted



line in the picture, thus saving a great deal of concussion from traveling up the bones of the leg. It is for this reason that blacksmith in shoeing a horse avoid driving in nails at the heel region as nailing at the heels would interfere with the slight outward expansion of the heels. We should at all times do everything possible to keep it healthy and working properly; in Fact, the more work the horse does the larger and stronger does it become. So we must ensure that in shoeing a horse due provision is made for the frog always to come in contact with the ground and so function properly.

So much then for this brief outline of the structure of the horse's leg; in our next issue we will be giving you some brief information on how to shoe those feet ■

SPOTLIGHT

The Riders Vacation

Hilton green plaza (King's Ranch) was this summer's gathering place for professional riders from all over Egypt. They all had fun watching the summer competition taking place and enjoying the marvelous place, the King's Ranch. Here are some "back stage" photos! hope you enjoyed your summer vacation too.



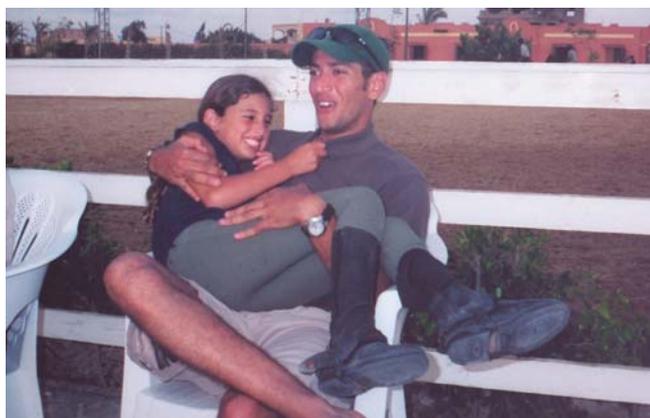
Right to left: Mohamed Al-Wakeel, and Kareem Habashi



Ashraf Bassiouny and sons



Sherif Sabry and Bimbo Al-salawy



Adham Samir and Hana Khalifa



Amr Magdy and His son



Adham Hamed and His student



Omar Shawki is back from Canada

SPOTLIGHT



Adham Samir & Ashraf Abdallah one of the organizers



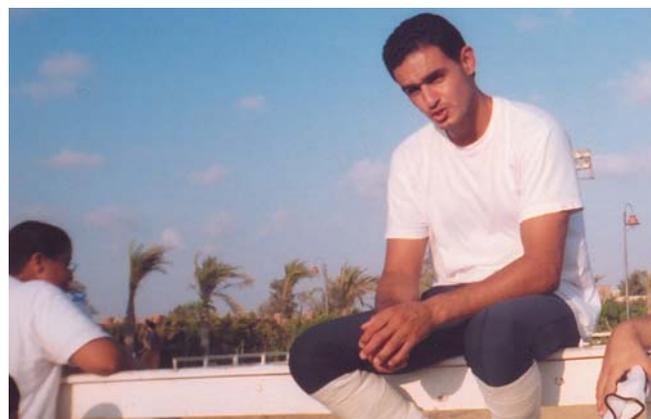
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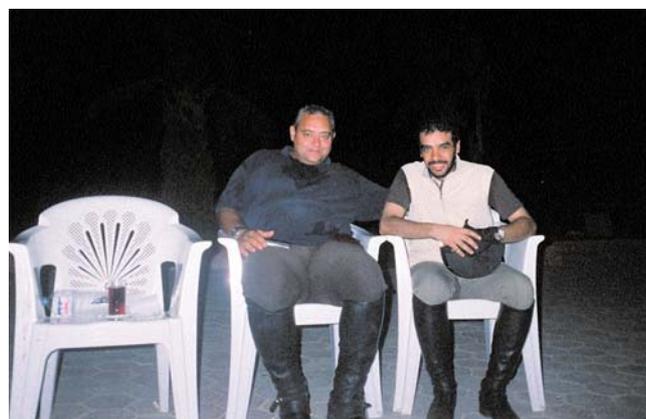
Mohamed Al-Naggar and Amr Shokri among friends



Mohamed Khalifa "The God Father"



Hady Gabr



Sherif Demerdash and Khaled Al-Gerasy



Ahmed Alaa Ragab during the competition in the King's Ranch



Mohamed Ikram on 'Caliph' during the competition in the King's Ranch

SPOTLIGHT



Malak Assem, 4years old, riding in Sakkara C.C.



Haya Assem, practicing Voltage in Sakkara C.C.



Nada Al-Fekky, practicing Voltage in Sakkara C.C.



Tarek Zayed, 8years old, son of the rider Ashraf Zayed from Police sporting Association



Manon Medhat Ragheb, youngest dressage rider



Khadega Amin Abbas on her horse



Paul Darragh when he was in Cairo during the first equestrian event in Movenpick Hotel.



Eng. Khaled Assem, Gen. Gamal Hares, and Mr. Khaled Mohamed Ali

Small Troubles!!

Below: 1950, in "Mina House Hotel". General Gamal Hares, on 'Dinar' fell on the last fence in a group of consecutive six fences. He won first place as the other rider was disqualified on the third fence of the last barrage, as these were the regulations of that event.



Above: 1906, Ferosia Club in Heliopolise (the old location of the club). General Gamal Hares on 'Star Ritz' owned by Mrs. Wegdan Al-Barbary.



In Memory of "Challenger"

Horse gone,

My horse and dear friend Challenger was born on Ireland 1981. He was brought to Egypt "Land of the Nile" in 1987. After 23 years of giving pleasure to riders who loved him, he passed away on September 3rd 2003.

He taught me a lot: patience, perseverance, grace, and above all enjoyed his loyalty I treated him as a friend and he loved me as one.

I asked him to walk in the sea he hesitated but when I convinced him that its not dangerous, he obeyed.

He lived with us in Ferosia club for 17 years during which he was always calm. In his last days he endured the cruel sickness with great courage till he left as calmly as he always lived.

This is challenger who was known amongst all by the name "School Master".

Mohamed Zohairy



Challenger listening to the sea waves



Mr. Mohamed Zohairy on Challenger & Mr. Ramy Iskander on Baloo



Show Jumping Competitions Schedule

Season 2003/2004



Month	Week	Days	A Int.	A1	A2	B	C	D	E	competitions#	Place
Oct.	1	thurs. 2 Fri. 3 Sat. 4				✓	✓	✓	✓	4	King's Ranch
	2	9 10 11					✓	✓		4	King's Ranch
	3	16 17 18		✓	✓	✓	✓	✓	✓	4	King's Ranch
	4	23 24 25	✓		✓	✓	✓	✓	✓	4	King's Ranch
Nov.	5	30 31 1					✓	✓		2	Sporting
	6	2 3 4		✓	✓	✓			✓	3	Army Club
	7	5 6 7	✓		✓	✓			✓	3	Police Cavalry
Dec.	8	12 13 14		✓	✓	✓			✓	4	Army Club
	9	19 20 21	✓		✓	✓			✓	3	Police Cavalry
	10	26 27 28		✓	✓	✓			✓	3	King's Ranch
	11	31 1 2	✓		✓	✓			✓	3	Sakkara C.C
Jan.	12	8 9 10		✓	✓	✓			✓	3	Sporting Association
	13	15 16 17		✓	✓	✓			✓	3	Police Cavalry
	14	22 23 24	✓		✓	✓			✓	3	Police Cavalry
Feb.	15	29 30 31	✓		✓	✓			✓	3	Sharm El-Sheikh
	16	6 7 8		✓	✓	✓			✓	4	King's Ranch
	17	13 14 15	✓		✓	✓			✓	3	Army Club
Mar.	18	20 21 22		✓	✓	✓			✓	3	Police Cavalry
	19	27 28 29		✓	✓	✓			✓	3	Police Cavalry
	20	3 4 5	✓		✓	✓			✓	3	Sharm El-Sheikh
	21	11 12 13		✓	✓	✓			✓	3	King's Ranch
Apr.	22	18 19 20		✓	✓	✓			✓	3	Army Club
	23	25 26 27	✓		✓	✓			✓	3	Police Cavalry
	24	1 2 3	✓		✓	✓			✓	4	King's Ranch
	25	8 9 10	✓		✓	✓			✓	3	Army Club
	26	15 16 17	✓		✓	✓			✓	4	King's Ranch
	27	22 23 24		✓	✓	✓			✓	3	Sporting
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	29	5 6 7		✓	✓	✓			✓	3	King's Ranch
	30	12 13 14		✓	✓	✓			✓	3	King's Ranch
	31	19 20 21		✓	✓	✓			✓	3	King's Ranch
	32	26 27 28		✓	✓	✓			✓	3	King's Ranch
	33	3 4 5		✓	✓	✓			✓	3	King's Ranch
	34	11 12 13		✓	✓	✓			✓	3	King's Ranch
	35	18 19 20		✓	✓	✓			✓	3	King's Ranch
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